



SOUTH BERSTED CE PRIMARY SCHOOL

Newsletter

11th September 2026

Christian Values

This half term's Christian Value is Koinonia.

'Just as a body, though one, has many parts, but all its many parts form one'

1 Corinthians 12 v 12 -31

Koinonia means 'that which is in common' and is often translated as 'fellowship' or 'community'. Other translations might include 'union', 'partnership' or 'being yoked together'. A yoke is a shaped piece of wood that goes across the shoulders, often linking two animals. By combining their strength, it helps work to be done and burdens to be carried. As a school, every child and adult play a valuable part in making South Bersted Church of England Primary School a fantastic place to learn.

This week in Collective Worship, we have been reflecting on what it means to belong and the positive impact that having a sense of belonging can create. To help the children reflect further on this, pupils have been engaging in various team building activities across the school.



We have also reflected on our **blessings**.

As a school, we shared the things that we are grateful for and created a school '**blessings jar**.'

We then shared that when times maybe challenging, or when we may be feeling overwhelmed, we can take out a blessing and reflect on the things that we are grateful for.

We are encouraging all children and families to stop and take the time to create their own jars.

Please share any pictures via Class Dojo **by Wednesday 23rd September**.



Meet and Greet

For those families that have been unable to attend this term's Meet and Greet sessions, the PPT has been uploaded to the [Class Pages](#) section of the school's website.

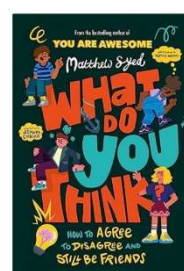
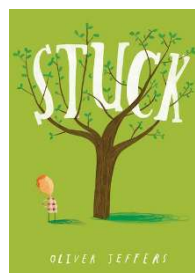
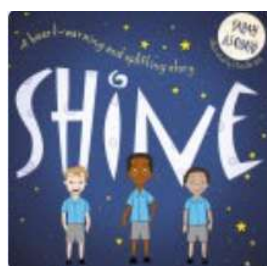
Next week, we look forward to inviting parents and carers to the remainder of our Meet and Greet. All sessions will run from 8.45am – 9.15am in the school hall. Please sign in when attending this event.

Year Group	Date
Year 5	Monday 14 th September
Year 6	Tuesday 15 th September
EYFS (Penguin Class)	Friday 18 th September

RSHE Week

Over the next 2 weeks, children across the school will be engaging in RSHE lessons. These lessons have been adapted based on the feedback given from parents, children and staff. They allow us to further explore strategies to support children with modern life. The lessons range from thinking about our special qualities, differences between ourselves and others, our resilience, exploring our own behaviour and the impact it can have and online safety.

Each year group's focus is supported by a quality text to help deepen pupil's understanding.



Attendance

We have made a positive start to our school attendance target this year!

Our whole school attendance for the first week of term is **97.6%**

This week's top three attending classes are:

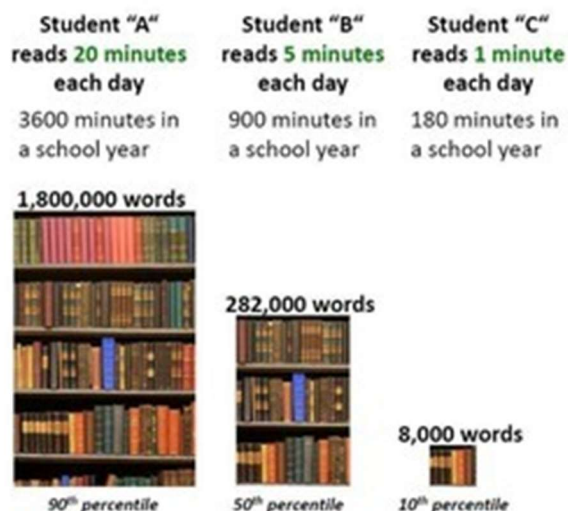
Class	Attendance
Year 3	99.4%
Year 2	99.2%
Year 5	98.1%

The Power of Reading

It is fantastic to see so many of our families recording when their child reads in their reading record. This helps us to develop a good understanding of what your child is reading, what they are enjoying about the text and any challenges they may have.

Pupils in EYFS, Year 1 and Year 2 that read five or more times in a week, are entered into a raffle draw at the end of each half term. Research shows the positive impact that regular reading has on a child's academic outcomes. Reading for 20 minutes a day exposes a child to **1,800,000 words**.

Why Can't I Skip My 20 Minutes of Reading Tonight?



If your child has completed the Library's Summer Reading Challenge, can they please bring in their certificate by **Monday 14th** ready to be entered into our raffle.



Letters Sent Home This Week

The following letters have been sent out this week. Letters are sent out via MCAS and are added to the News Tab of the school's website.

- *Welcome Back – whole school*
- *Online Safety newsletter – whole school*
- *Use of WhatsApp – whole school*
- *Applying for Secondary School Places – Year 6*
- *Attendance Letter – whole school*

Reminder for Parents of Year 6 Pupils

The application process for children due to transfer to secondary school in September 2027 began on 1st September and will close on the 31st October.

For more information on applying for a secondary school place, please visit West Sussex Admissions:

<https://www.westsussex.gov.uk/education-children-and-families/schools-and-colleges/school-places/apply/secondary-school-places/>

Up-Coming Events

Please find below a summary of upcoming events for the next three weeks:

Date	Details
<i>September</i>	
Monday 14 th	Year 5 Meet and Greet
Tuesday 15 th	Year 6 Meet and Greet
Thursday 17 th	Open Box Theatre Company Visit Years 2 – 4 Year 5 Outdoor Learning
Friday 18 th	EYFS Coffee and Cake Morning
Wednesday 23 rd	Year 4 Outdoor Learning
<i>October</i>	
Friday 2 nd October	Year 6 Fairthorne Meeting

Whole school and class events are also updated on the school's calendar:

<https://www.southbersted.co.uk/calendars/>

INSET Days 2026 – 2027

When considering booking a holiday, please check the school's term dates and INSET Days.

For the next academic year, our term dates are:

Friday 23rd October

Monday 4th January

Monday 12th April



Welcome to New Staff

This school year, we have welcomed new four members of staff:



Ms Jones
Teaching assistant
Year 1 and Year 4



Miss White
Teaching assistant
EYFS



Mrs Armour
Teaching in EYFS



Mr Shaw
Teaching in Year 5



PARENTING MENTAL HEALTH SERVICE

OUR SERVICE IS OPEN TO ANY PARENT OR CARER WHO IS SUPPORTING A CHILD OR YOUNG PERSON BETWEEN THE AGES OF FIVE AND 18 LIVING IN WEST SUSSEX.

WE SUPPORT YOU TO HELP YOU SUPPORT YOUR CHILD OR YOUNG PERSON WITH THEIR MENTAL HEALTH.

WHAT WE OFFER:

- PEER SUPPORT GROUPS- BOTH DURING THE DAY (IN PERSON) AND IN THE EVENING (ON-LINE)
- MONTHLY 'EXPERT BY EXPERIENCE' GUEST SPEAKER ZOOM EVENING SESSIONS, COVERING TOPICS SUCH AS SELF-HARM, EBSA, AUTISM AND MENTAL HEALTH, MASKING AND MORE...
- 1:1 SESSIONS WITH A PEER SUPPORT WORKER
- CLOSED FACEBOOK GROUP; REGULAR NEWSLETTERS AND ACCESS TO TRAINING, E-LEARNING AND WEBINARS (ON THE WEST SUSSEX MIND WEBSITE).
- PARENTING MENTAL HEALTH COURSES ACROSS WEST SUSSEX

TO SIGN UP, CONTACT OUR HELP POINT

MONDAY TO FRIDAY, 10AM UNTIL 4PM ON 0300 303 5652
OR EMAIL HELPPPOINT@WESTSUSSEXMIND.ORG
OR USE THE FORM ON OUR WEBSITE -
WWW.WESTSUSSEXMIND.ORG

CHARITY NO: 155076 COMPANY NO: 08864776



Parenting Mental Health Support Service

Online Evening Groups 2026

Expert by Experience presentations - 7.30-9:30pm
(Including time for Q & A)

Peer support groups - 7.30-9.00pm

Date	Group Topic
Weds 2 nd Sept	Understanding and supporting attachment in children/young people
Weds 16 th Sept	Peer Support
Weds 30 th Sept	Understanding & supporting Pathological Demand Avoidance (PDA) in children/young people
Weds 14 th Oct	Peer Support
Weds 28 th Oct	Responding to & supporting young people who express suicidal thoughts
Weds 11 th Nov	Peer Support
Weds 25 th Nov	Parental self-care & avoiding burn out

To book onto any of our expert by experience presentations please visit our training page on;
www.westsussexmind.org

(If you are already signed up to the Parenting Service, please use the Zoom link provided).

To access the online peer support groups you need to have signed up to our service already. You can do this by calling our Help Point Monday to Friday, 10am until 4pm on 0300 303 5652 or email;
helppoint@westsussexmind.org



We are a friendly, supportive group and there is no pressure to share if you don't feel comfortable to do so



FREE

PARENTING MENTAL HEALTH COURSE

A 6 WEEK COURSE FOR PARENTS AND CARERS TO GAIN KNOWLEDGE AND UNDERSTANDING AROUND SUPPORTING CHILDREN & YOUNG PEOPLE'S MENTAL HEALTH, OFFERING A SAFE SPACE TO REFLECT AND FIND PEER SUPPORT.

TOPICS INCLUDE SELF-ESTEEM, ANXIETY & EMOTIONS, COMMUNICATION AND MORE!



DATES

- Thursday 17th September
- Thursday 24th September
- Thursday 1st October
- Thursday 8th October
- Thursday 15th October
- Thursday 22nd October



TIME

10am-12:30



VENUE

Felpham Community Hall
Meaden Way
Felpham, Bognor Regis
West Sussex,
PO22 8FA

REFRESHMENTS PROVIDED!



TO SECURE YOUR PLACE
OR FOR MORE INFORMATION,
PLEASE EMAIL:

PARENTINGSUPPORT@WESTSUSSEXMIND.ORG



Wanted: Trainee Fairtrade Courageous Advocates!



On the eve of 'Fairtrade Fortnight' discover how you and your family can make a difference

Sun 20th Sept 4:30pm-6:00pm

**Bible Teaching
Singing, Crafts & Activities**



Free for all the Family
(Financial donations welcome)

All children served with a snack tea,
Hot drinks and cake available for adults
(Children must be accompanied by an adult)

South Bersted Church Hall,
Bersted Street, Bognor Regis PO22 9QE



Booking on Eventbrite is essential
by Thurs 17th Sept southbersted.org.uk



FREE

PARENTING MENTAL HEALTH COURSE

A 6 WEEK COURSE FOR PARENTS AND CARERS TO GAIN KNOWLEDGE
AND UNDERSTANDING AROUND SUPPORTING CHILDREN & YOUNG
PEOPLE'S MENTAL HEALTH, OFFERING A SAFE SPACE TO REFLECT AND
FIND PEER SUPPORT.

TOPICS INCLUDE SELF-ESTEEM, ANXIETY & EMOTIONS,
COMMUNICATION AND MORE!



DATES

- Thursday 17th September
- Thursday 24th September
- Thursday 1st October
- Thursday 8th October
- Thursday 15th October
- Thursday 22nd October



TIME

10am–12:30



VENUE

Felpham Community Hall
Meaden Way
Felpham, Bognor Regis
West Sussex,
PO22 8FA

**REFRESHMENTS
PROVIDED!**



**TO SECURE YOUR PLACE
OR FOR MORE INFORMATION,
PLEASE EMAIL:**

PARENTINGSUPPORT@WESTSUSSEXMIND.ORG

UMBRELLAS

Parent Support Groups

Autumn Term 2026

Connecting parents and carers of children and young people in West Sussex with special educational needs and disabilities



Burgess Hill Umbrellas

Tuesdays, 10 am - 11.30 am

The Cherry Tree Centre

8th Sep / 6th Oct / 3rd Nov / 1st Dec

Littlehampton Umbrellas

Wednesdays, 10 am - 11.30 am

Creative Heart Community Hub (upstairs)

9th Sep / 7th Oct / 4th Nov / 2nd Dec

Worthing Umbrellas

Tuesdays, 10 am - 11.30 am

Durrington Community Centre

22nd Sep / 20th Oct / 17th Nov / 15th Dec

Umbrellas Online

Thursdays via Zoom

7.30 - 9pm

10th Sep / 8th Oct / 5th Nov / 10th Dec

Horsham Umbrellas

Wednesdays, 10 am - 11.30 am

Horsham Family Hub

16th Sep / 21st Oct / 18th Nov / 16th Dec

Shoreham Umbrellas

Tuesdays, 10 am - 11.30 am

Adur East Family Hub

15th Sep / 13th Oct / 10th Nov / 8th Dec

Bognor Regis Umbrellas

Thursdays, 10 am - 11.30 am

Arun West Family Hub

24th Sep / 22nd Oct / 19th Nov / 10th Dec

If you would like more information about Umbrellas or the link to join Umbrellas online, please contact our outreach team.

outreach-training@reachingfamilies.org.uk



**Reaching
Families**

www.reachingfamilies.org.uk

Dove Lodge, 49 Beach Road,
Littlehampton, BN17 5JG

Registered Charity No: 1150906

Company Limited by Guarantee No: 8261096

