



SUMMER 2026

SOUTH BERSTED CE SPORTS

NEWSLETTER

WE ARE PLATINUM

We are delighted to announce that we have achieved the School Games Platinum Mark Award for the 2025/26 academic year. This is the highest level of award achievable by a school!

The School Games Mark is a Government-led award scheme launched in 2012, it was facilitated by the Youth Sport Trust to reward schools for their commitment to the development of competition across their school and into the community. We are delighted to have been recognised for our success.

"I love PE, especially gymnastics!"
Bonnie EYFS

"My favourite PE lesson is when we learn new ball skills"
Jimmy Y1



FELPHAM AND BOGNOR AREA ATHLETICS

"I liked the 600m because it gets you stronger and fitter"
Ned Y4

"I enjoyed it when everyone was cheering and encouraging us. We came second overall and I won the 600m"
Quinn Y5

"It was really fun because there are some races and even if you lose you still score points. The relay was fun, it was my favourite"
Polina Y4



"Our team coming second was a great achievement. I did drop a baton in the relay race but I didn't let it get me down"
Theo T Y5

On Thursday 2nd July we competed in the locality Area Athletics event. A competition in which all local schools compete against each other in both field and track events. Not only were the children amazing, competing at their best and supporting each other throughout, but we are so excited to say that we finished in 2nd place! This is the highest placement of a small school ever within the competition!



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HEALTHY LIVING WEEK 2026

It was so lovely seeing so many children and families walking, cycling and scooting to school during our Healthy Living and Walk to School week.



"I liked it because I didn't just keep my body healthy. I also kept the earth healthy"
Jack Y2

"We got a badge if we walked to school all week"
Isla Y1

"I liked Walk to School Week because sometimes I went on my bike and my scooter and I got to walk with my friends"
Thomas Y2

SOUTH BERSTED SPONSORED RUN

As part of the school's Learning 4 Life Curriculum, we want our pupils to know that they can make a positive difference to others across the school and within our community. Before half term, staff and pupils participated in a Sponsored Run in support of the charity Stonepillow. Stonepillow helps hundreds of people to make positive changes. Since the charity was established in 1989, they have supported thousands of people in West Sussex to restart their lives with independence, dignity and confidence. Thank you to everyone who donated money for this event. We are delighted to announce that the event has raised over £1,000!



"I thought that it was good because I like giving money to charities"
Y3

"It was really tiring but I did it with my friends. I took the opportunity to do more than we had to do as well"
Y3



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SOUTH BERSTED FITNESS CIRCUIT DAY

The Bronze Ambassadors ran a South Bersted Fitness Circuit Day for the whole school. Each class came to the hall and took part in a variety of exercises, and the Bronze Ambassadors used their leadership skills to lead, model and support throughout the day.

I liked skipping.
Ayda Y1

It was fun because we got to do hula-hooping and we got stronger. Amelia Y2

I liked it because when we were doing the skipping ropes I was cheering for my friends. Zofia Y2

I really enjoyed joining in with all the exercise and teaching everyone, it helped me build my leadership skills. Daniel Y5



I love being a Bronze Ambassador. I led an activity on the circuits all alone and I did a great job. Matilda Y5

EYFS BIKE AND SCOOTER DAY AND BALANCE BIKE COURSE

Penguin Class spent the day learning about why it is important to exercise and stay healthy. They and really enjoyed going round the golden mile on their bikes and scooters. EYFS were also fortunate enough to borrow balance bikes and complete a balance bike course to support them in learning to ride 2 wheel bikes.



"I can ride 2 wheels!" Zac EYFS

"We went on the golden mile it was so fun!" Toby EYFS

"I could glide really far!" Abel EYFS



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FIT 4 ALL WORKSHOPS



On Wednesday 10th June all classes across the school took part in a Fit4All session. During the sessions the children learnt about the effects of exercise on their body, and how to stay healthy. They explored the difference in their pulse before and after exercise. They considered different food groups and whether foods should be eaten every day, sometimes, or as a treat. They also learnt about the importance of sleep and hygiene in keeping us healthy. The sessions were a fun and active way to consider these important themes.



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These children took part in the Bognor Area QuadKids Athletics event, where they represented our school with enthusiasm and determination. Throughout the afternoon, the children competed in four athletic events: sprinting, 600m long-distance running, standing long jump, and the vortex howler throw. They gave their best effort in every event, encouraging one another and showing resilience as they challenged themselves. Well done to everyone who took part!

YEAR 3/4 AND YEAR 5/6 BOGNOR AREA QUADKIDS ATHLETICS



"I loved it, it was really tiring and on a hot day. We had to run around the whole field without stopping"
Jacob Y3

"It was fun because we did lots of different activities and the last activity for the girls was the 400m sprint and that was my favourite"
Charlotte

"I liked Quadkids because I like running and I'm very sporty"
Ned

"It was really fun because we got to do lots of things and even if we weren't good at them we still got to try and trying is always a good thing to do"
Noah

I loved the part when you got to watch the other children take part. I came in 2nd in the long run!
Isabelle Y5

I enjoyed watching all the other children compete. I am happy I experienced new things. I liked throwing the vortex - I came 1st!
Anton Y5



FUTURE FLYERS

Our Future Flyers competed against 17 other schools in a range of sporting competitions, including: running, throwing and jumping. We are proud to announce that South Bersted won by an amazing 28 point lead!

"At Future Flyers, we competed against 15 other schools and we came first. We did races, jumping and throwing. I enjoyed the races".
Josh P Y6

"We did a fitness circuit and learnt about our bodies. I am proud to say we won it".
Skylar Y6





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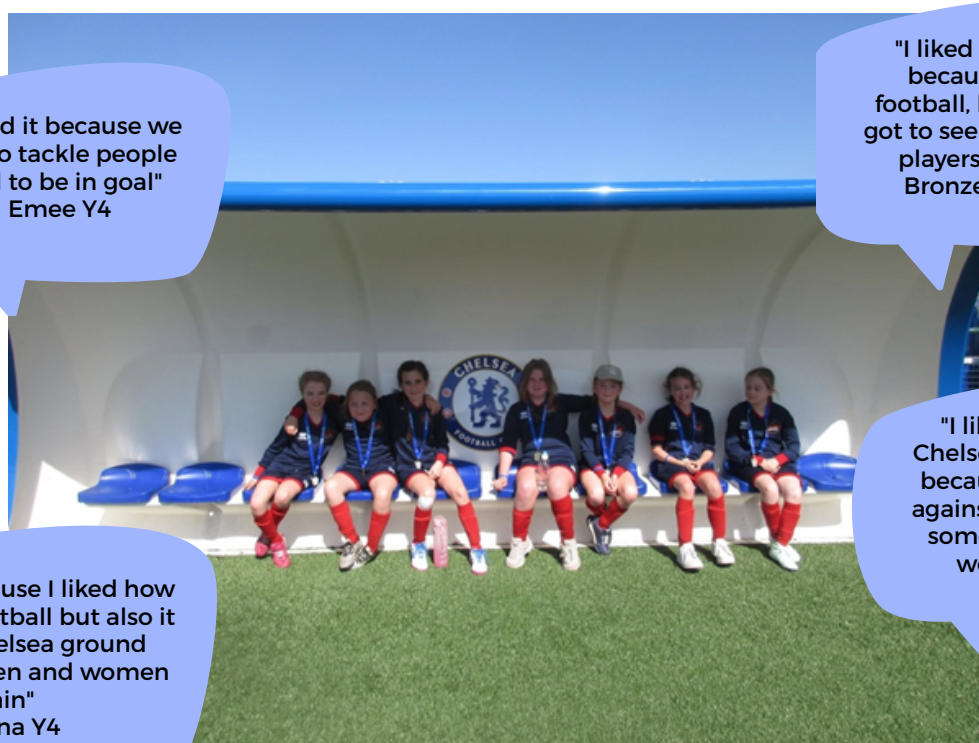
COBHAM - CHELSEA FC Y3/4 GIRLS FOOTBALL FINALS

"I liked it because we got to tackle people and to be in goal"
Emee Y4

"I liked it not just because of the football, but we also got to see some of the players like Lucy Bronze" Lyla Y4

"I liked it because I liked how we played football but also it was the Chelsea ground where the men and women train"
Polina Y4

"I liked going to the Chelsea training ground because we got to play against other teams and some of those players were my friends"
Charlotte Y4



On Wednesday 22nd April our Y3/4 girls football team went to Cobham, Chelsea FC Training Ground for their final against the top schools in Sussex. The girls worked hard as a team, played some good football, scored some goals and were only narrowly defeated in some games resulting in 6th place overall. To achieve 6th place out of all schools in Sussex is an incredible achievement, and we are very proud of them for representing South Bersted. To make the day even better, the girls saw the Chelsea Women's team at their training session and spotted some Chelsea players right by our minibus, including Niamh Charles who was also part of the UEFA Women's EURO 2025 winning team in Switzerland!



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Some children in Year 6 attended an NFL festival which introduced them to flag football. They took part in a range of coaching and drills ran by The Regis School Sports leaders, and then had a go at experiencing some of the matches.

NFL FESTIVAL



"When I did the NFL football event, we did catching practice and running. I enjoyed it because I learnt how different it is to English football". Maisie Y6

"The NFL festival was fun and there were lots of games". Ahyan Y6

"I had fun at the NFL event because we did passing drills and went up against other schools". Rex Y6

DANCE HOUSE

Children across KS2 participated in Dance House at Worthing Theatre. The children have spent a long time working together to produce a dance that they believed represented that a small change can be the start of a big difference. They portrayed this in their dance showing a change of attitude. We are very proud of them and their fantastic performance.

"I like going on the stage and people could see how much we had learnt of the dance" Ariana Y4

"We got to see other people's dances at the show, we got to perform on a stage, and it was just fun watching others as well" Poppy Y3



"It's very fun because you get to stay after school to practise the dance and then you go to the theatre to perform in front of a big crowd" Lyla Y4



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CHELSEA FC COACHES



"I loved the crocodile game!"
Daisy EYFS

"I loved playing the games with the Chelsea coaches, I support Chelsea"
Reuben EYFS

We were delighted to welcome coaches from Chelsea FC, who led football sessions for our Early Years and Years 1, 2, and 3 classes. The children enjoyed taking part in a variety of fun and engaging games that focused on creating space, defending, and attacking, while also developing their ball and teamwork skills.

KS2 MIXED TAG RUGBY FESTIVAL

Some children from KS2 represented our school at a Tag Rugby event at Bognor Rugby Club. The children took part in a variety of activities and learnt new skills including passing drills, tagging drills, team games and then finished with some friendly matches.

I enjoyed the matches and I learned about being a team player. Evan Y5

We played well as part of a team and Bailey helped me achieve a try. Teddy Y5





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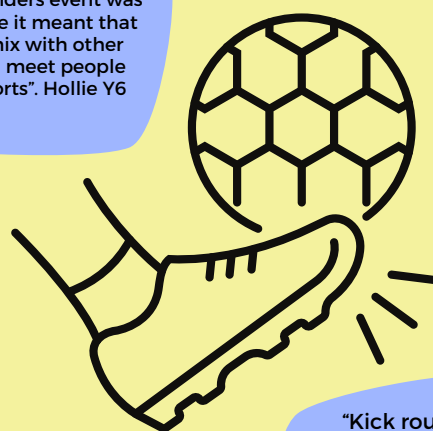
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Y6 KICK ROUNDERS AT FCC

Our Year 6 children who are attending Felpham Community College, went to a transition event this half term. They played Kick Rounders against some other local schools whilst getting to know their new secondary school environment.

"The kick rounders event was good because it meant that we got to mix with other schools and meet people through sports". Hollie Y6



"Kick rounders was fun because it's good to kick the ball and run around the people". Abdul Y6

SOUTH BERSTED SPORTS DAY

EYFS/ KS1 SPORTS DAY - MONDAY 29TH JUNE

KS2 SPORTS DAY - FRIDAY 3RD JULY

This term we enjoyed our KS1 and KS2 Sports Days. Thank you so much to all the parents, carers and grandparents who joined us. It was lovely to see our children demonstrating our Christian values of Koinonia and perseverance so brilliantly. Well done everyone!



I like the running race and all the games! Dima Y1

I liked sports day because I like running and doing the long run around the track. Greyson Y2



I loved it because I was saying well done to people and saying well done to others. Abram Y2

I like throwing the vortex and I did really well. It was nice to see others trying hard. Roman Y5



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OAA & LEARNING 4 LIFE CURRICULUM YEAR 3 ACTIVITY EVENING

On Friday 12th June, Year 3 enjoyed their activity evening. This consisted of team building games, treasure hunts, fabric pressing, a camp fire with marshmallows, pizza and ice-cream.



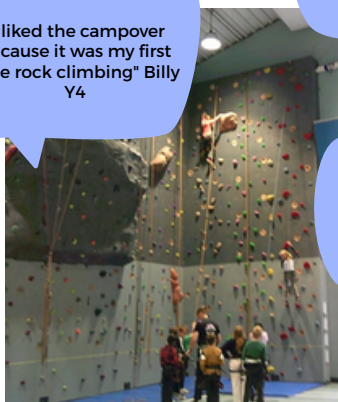
"I loved the activities and I got to stay longer at school and be with my friends"

"I loved it, there were lots of great activities to do".

YEAR 4 CAMPOVER

This half term, Year 4 enjoyed an activity day and campover in school. Events like this aim to broaden children's experiences and further develop their teamwork and resilience skills. Year 4 enjoyed archery, rock climbing, a campfire and learned how to put up their own tents.

"I liked the campover because it was my first time rock climbing" Billy Y4



"I liked it because we got to learn new things and I got to do the overhang on the climbing wall" Ned Y4

I really enjoyed rock climbing and being on the bouncy castle! Lottie Y4

"I really liked the Campover because when we sat around the fire we toasted marshmallows, and we sang some songs" Swara Y4

I liked when we went rock climbing because I got to be with my friends. It was fun when we swung down from the wall! Penny Y4





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Y6 FAIRTHORNE RESIDENTIAL

On Wednesday 8th July - Friday 10th July our Year 6s attended their residential at Fairthorne. They took part in many activities including paddle boarding, firelighting, climbing and team building obstacle course games.



"My favourite things from Fairthorne were kayaking and camo & tracking".
Leo Y6



"Fairthorne was a fun experience because you had many opportunities to try new things. You could also spend more time with your friends". Tommy Y6



"I really liked Fairthorne because it was fun with all the activities and being away from home. We got to sleep in tents and stay up late. It was the best trip we have been on". Buddy Y6



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Y5 OUT OF BOUNDS TEAMBUILDING DAY

On Thursday 16th July, Year 5s attended their team building day at Out of Bounds.

"I really enjoyed climbing the hexagon at clip & climb. I almost reached the top."
Maisie S

"I really enjoyed bowling, it was great to do this with my friends."
Y5 Teddy



"In Mini Medics we learnt how to save peoples' lives if they are in danger and how to put people in the recovery position. We also learnt what to do if we are in danger or need of help". Alisa Y6

"Mini medics was really fun. We learnt how to do CPR and how to do recovery position on people in the class". Antonia Y6

MINI MEDICS



Year 6 deepened their learning of Health in RSHE through participation in the Mini Medic programme. As part of the programme, we were visited by 2 professionals who trained us in some First Aid. During the visit, we learnt about what to do in an emergency, how to put someone in the recovery position, how to administer CPR and how to apply bandages to a wound.