

The RSHE curriculum is built around key areas:

- Respectful and Kind Relationships
- Developing Bodies
- Caring Friendships
- Online Safety and Awareness
- Being Safe
- Mental Health and Wellbeing
- Health and Safety

Texts: the curriculum is built around texts which are used to drive the key concepts and ideas

To disrupt the **forgetting curve**:

We have a progressive curriculum,

Each lesson begins with a starter to spark conversation around a previous topic

Our RSHE curriculum at South Bersted is a safeguarding curriculum which is line with 2025 statutory guidance. The curriculum has been developed based on child and parental voice as well as on contextual patterns both within school and in our local area.

The curriculum aims to deliver high quality, evidence-based and age-appropriate teaching which gives children the skills and strategies needed to be successful in modern life.

The curriculum is periodically reviewed to ensure it meets the needs of our learners.

P4C supports RSHE to develop child voice and the confident expression of views and opinions



Whole school theme weeks support learning

Anti-Bullying

Mental Health Week



Collaboration:

We work collaboratively with parents and outside agencies to give our children a vibrant curriculum

- Parents attend workshops on RSE to support learning from home
- Agencies such as the Fire Service, Mini-Medics, RNLI visit to support learning

We use **scaffolds to** support *independence*:

Prompts,

Part worked examples.

Learning for Life

Children are given a range of experiences to develop key skills. This includes:

Mini Medic Training

Enterprise challenges

Recording:

Shared conversations and practical work is recorded alongside child voice in class RSHE books.

Independent work is verbally discussed and acknowledged in RSHE books



What is the structure of RSHE lessons?

RSHE lessons are blocked over an RSHE week each half term. The school ensures parents are informed of content via the school newsletter and this enables a triangulated approach.

The curriculum is formed around quality texts which the teacher will read to children. These texts then remain accessible for children to re-read if they wish. Please see our RSHE Book Shelf for texts.

Each module has a P4C session to support the curriculum content, allow deeper discussion of core concepts and gain pupil voice

RSHE lessons have a recap and consolidation starter which revisits prior learning before engaging in the objective for the module.

Lessons are collaborative and allow for discussion and pupil voice. They are practical where possible and each module is supported by a classroom display.

Lessons in Year 2 upwards end with an exit question to assess children's understanding of the topic.

All lessons are evidenced in the class RSHE book or children's independent books.

How is RSHE assessed?

Teachers assess pupils during lessons by:

- Collecting pupil voice
- Using independent tasks
- Through exit questions which demonstrate knowledge
- Through starter tasks which revisit and consolidate
- Further intervention or learning may take place if a child is assessed as not understanding the curriculum content

How often is RSHE taught?

- Across a year, children will be taught at least 6 different topics in RSHE.
- These form a blocked unit that is taught once a half term.
- Skills build progressively each year, with pupils developing more advanced understanding over time.
- RSE workshops for parents take place before the RSE specific unit.

