



SOUTH BERSTED CE PRIMARY SCHOOL

# Newsletter

15<sup>th</sup> May 2026

## Outdoor Learning

This half term our Outdoor Learning lessons have allowed pupils to create an outcome using a variety of tools. There is a clear progression of difficulty as they move through the school. Children begin whittling with potato peelers before moving on to hand drills and bow saws as they move through Key Stage 2. Children have the opportunity to make little people, a shoe to practise tying laces, owls, necklaces and little houses.

Alongside the use of tools, children explore tying a range of different knots and completing some pioneering challenges building structures and shelters.



## Courageous Advocacy

Congratulations to Charlotte in Year 4, who supported The Little Princess Trust by raising over £500! We are incredibly proud of Charlotte for recognising the significant difference she has made to other children. Raising money and donating her hair. This act of charity work will help children and young people experiencing the devastating effects of hair loss.

*"I cut my hair to give it to the Little Princess Trust because one of my friends did it and it inspired me to do it myself. I let it grow a bit more and then I cut it. It was a long time before I could get it cut and give it to the Little Princess Trust. I was really happy that I did it - I thought about the child who would be more happy because I donated my hair".*



## Reading: Word Millionaires

Congratulations to **Quinn** in Year 5, and **Rex** in Year 6, who last week became word millionaires. This is a significant achievement. Today, the children were presented with a £10 Amazon voucher to spend on books of their choice.

## Attendance

This week's Attendance:		<b>97.7%.</b>
This week's top three attending classes are:		
Class	Attendance	
<b>Year 6</b>	<b>100 %</b>	
Year 4	99 %	
Year 2	98.7 %	

## Parent Workshop

A reminder that the DST will be running a 'Supporting My Child with their Worries and Managing Our Worries as Parents' workshop.

### Aims of the Workshop:

This workshop offers techniques for helping children manage worries and build resilience, while also supporting parents with their own anxieties.

**Date:** 18<sup>th</sup> May 2026

**Time:** 2:00 – 3:00pm

To register for this workshop, please book a place via Bromcom.

## Numbots

Congratulations to our most valuable players:

**Ella C (Penguin Class)** earning 1,114coins

**Brendan (Year 1)** earning 9,183 coins,

**Izabella (Year 2)** earning 1,765 coins.



## Year 6 Assessments

Congratulations to our Year 6 pupils, who this week displayed a fantastic attitude towards their end of Key Stage 2 assessments. We are incredibly proud of each and every one of them!

## Sports Days

This year, we will be holding sports days on:

**EYFS and Key Stage 1: Wednesday 24<sup>th</sup> June.**

**Key Stage 2: Thursday 25<sup>th</sup> June.**

For both events, gates will open at 9:00am and the event will finish by 11:45. We hope that you can join us!



## Gold Book

Congratulations to the following children who were recognised for going above and beyond and displaying the school's values.

Reuben & Alex (EYFS). Brendan, Abel & Molly (Y1). Hedio & Thomas (Y2). Aiden & Lincoln (Y3). Aston, Ariana & Maya (Y4). Reggie & Teddy (Y5). Whole Class (Y6).

## RSHE

As part of our RSHE Curriculum, this week Year 5 had a visit from West Sussex Fire and Rescue service. The service set up two household rooms to show some possible fire risks – one was a kitchen, the other a bedroom. The children were then asked to identify possible risks that they could identify.



*Pippa – There are hair straighteners on the bed. They could catch the covers alight.*

*Matilda – the mirror in the window can reflect sunlight and catch fire.*

*Fearne – turn plugs off when not using them.*

*Dexter – the cup of water by the lamp could spill.*

## Park Run

This week, I have received a number of pictures of children engaging in the Bognor Regis Park Run. Please note that Park Run now takes place at **Marine Park Gardens**.

When is it?

It is held every Sunday at 9:00am – please note that there is no Park Run this weekend due to the Bognor Regis Fun Run.

Where is it?

The event takes place at Marine Park Gardens, 4 Kings Parade, Bognor Regis, PO21 2QA. See [Course page](#) for more details.

## Umbrellas: Parent Support Groups

At the end of this week's newsletter, you will find a number of workshops and opportunities to connect parents and young people in West Sussex with special educational needs and disabilities.

Please use the QR codes on the flyers for further information.

In you require further information or support, please speak to the school's SENCo, Miss Stanton.

## Home Learning Challenge

Following David Attenborough's 100<sup>th</sup> Birthday, we are setting the children a number of challenges that they can engage in.

### Challenge 1: Take a Woodland Walk

It does not need to be a grand expedition. Complete a local trail, nature reserve. The point is to slow down and look – really look. Create a map, drawing or diary of what you saw.

### Challenge 2: Narration Challenge

Pick a creature or plant and observe it. It can be a bee or a flower or a squirrel in tree. Narrative what you see and record it. Use a voice that expresses the beauty and wonder of nature.

### Challenge 3: Use nature to create a giant 100

Gather loose natural materials — sticks, leaves, pebbles, pinecones, flower heads — and use them to construct a giant **100** on the ground. It's a creative, hands-on way for kids to mark **David Attenborough's 100th birthday** while connecting to the textures and details of the natural world.

Send in your activities and reflections via **Class Dojo**.



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## Healthy Living Week

As part of our approach to promote healthy lifestyles, we will be holding our Healthy Living Week during the last week of this half term, w/b 18th May. During the week, we have a number of events:

Monday 18<sup>th</sup>: Visit from Volks Highways,

Tuesday 19<sup>th</sup>: Fitness circuits led by Future Flyers,

Friday 22<sup>nd</sup>: Whole school Sponsored Run.

During the week, we will also be taking part in **Walk to School Week**. If you walk, stride, cycle or scoot to school you will be awarded a special walk to school badge each day. If you have moved actively every day and earned 5 badges you will earn a South Bersted Walk to School certificate!



## Up-Coming Events

Please find below a summary of upcoming events for the next three weeks:

Date	Details
<b>May 2026</b>	
<b>Monday 18<sup>th</sup></b>	<i>Walk to School Week Bus Trips – EYFS Bike / Scooter Day – EYFS Parent Workshop – DST Worry Workshop</i>
<b>Tuesday 19<sup>th</sup></b>	<i>Fitness Circuit Day – Whole School Reception Hearing Screening</i>
<b>Wednesday 20<sup>th</sup></b>	<i>Dance House Rehearsal &amp; Performance Quadkids Athletics – Years 5 &amp; 6 Bus Trips - EYFS</i>
<b>Thursday 21<sup>st</sup></b>	<i>Bus Trips – EYFS</i>
<b>Friday 22<sup>nd</sup></b>	<i>Swimming –Year 6 Sponsored School Run</i>
<b>June 2026</b>	
<b>Thursday 4<sup>th</sup></b>	<i>Reception Screening Mini Medics – Y6</i>
<b>Friday 5<sup>th</sup></b>	<i>Swimming – Year 6</i>

## Eco Council Safe Travel update

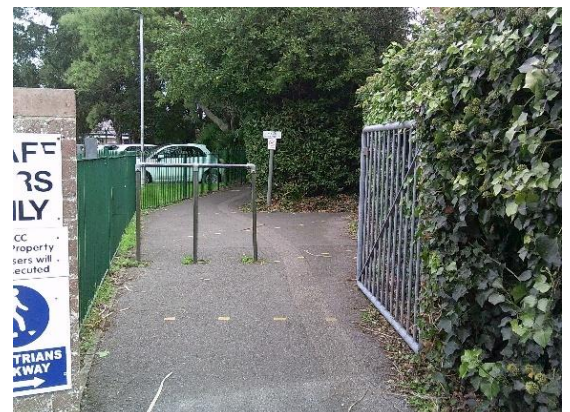


The Eco council would like to highlight a few things that everyone can do to make us all safer when we travel to school. We want to encourage as many people as possible to travel to school in a sustainable way, such as walking or cycling, or even parking the car further away and walking the last bit. This obviously is good for everyone's health as it's keeping us all active but it's also better for the environment. Less cars on the road at busy times will result in reduced emissions and less cars near the school will make a difference to the air quality in the area, making it healthier for the children.

The Eco Council would like to remind parents and carers that the yellow Zig Zags at the front of the

school are there for safety and should not be parked on.

We have a number of parents and carers who enter the school on foot through the car park, This is not safe as cars could be moving and deliveries can happen at any time. Please use the pedestrian footpath to the side of the carpark.



### Remember

- Be safe when crossing the road, make sure you have a clear view and always check both ways before crossing.
- Wear a helmet when cycling, and use lights and visible clothing, especially as we approach winter and darker afternoons and evenings.

## INSET Days 2026 – 2027

Tuesday 1<sup>st</sup> September 2026 – INSET Day

Wednesday 2<sup>nd</sup> September 2026 – INSET Day

Thursday 3<sup>rd</sup> September 2026 Start of the Autumn Term

Friday 23<sup>rd</sup> October 2026 – INSET Day

Monday 4<sup>th</sup> January 2027 – INSET Day

Tuesday 5<sup>th</sup> January 2027 – Start of the Spring Term

Monday 12<sup>th</sup> April 2027 – INSET Day

Tuesday 13<sup>th</sup> April 2027 – Start of the Summer Term.

Next year term dates can be found here: <https://www.westsussex.gov.uk/education-children-and-families/schools-and-colleges/school-term-dates/>



## Swimming Session

In partnership with Active Sussex, Arun Swimming centre have launched new SEND public swimming sessions.

*Held in our shallow pools, these new sessions are specifically for children with SEND and their families to come and enjoy swimming in a relaxed and friendly environment.*

*Families are encouraged to book for these sessions, but walk-ins are very welcome, however, please be aware spaces are limited.*

**Arun Leisure Centre**

Wednesdays: 9.15 - 10am

(pre-school session)

Saturdays: 11.30am - 12.30pm

### SCHOOL HOLIDAY

## Make & Take

### CRAFT SESSIONS FOR KIDS

Every Thursday during  
school holidays

**£2** per child  
Includes healthy snack



Scan for details  
and to book

HOW TO FIND US:

The Bognor Makerspace,

58-60 Longford Rd,

P021 1AG

Turn over for colouring fun!

SESSIONS SUPPORTED BY



stonepillow



Give as you Live  
Donate



## SPONSORED SCHOOL RUN

Friday 22<sup>nd</sup> May

All children and staff are invited to take part in this exciting event to raise awareness and funds for the charity Stonepillow in Chichester.

Our School Council have set children the following challenges:

<b>EYFS</b> 1 lap	<b>Y1 - 2</b> 2 laps	<b>Y3 - 4</b> 4 laps	<b>Y5 - 6</b> 6-8 laps
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LEARNING FOR LIFE • AIMING FOR EXCELLENCE  
SOUTH BERSTED C.E. PRIMARY SCHOOL  
LISTENING TO THE VOICE OF GOD

Donations are fast, easy and secure through Give as you Live Donate. They will take your donation and pass it onto Stonepillow, you can even include  Gift Aid where applicable.



<https://donate.giveasyoulive.com/fundraising/south-bersted-sponsored-school-run-2026>

Thank you

## Active Play May Half Term Sessions



Look out for the Freedom Leisure Park and Play van this May half term, packed full of play equipment! Sessions last for two hours and are FREE of charge. **Please be aware that children cannot be left unattended.** Children must be accompanied and supervised by an adult over the age of 18 at all times. Suitable for 3-12 years but all the family are very welcome!

Sessions are weather permitting and run on **TUESDAY** and **THURSDAY** this May half term.

### Programme

Day	10.00am – 12.00noon	2.00-4.00pm
Tuesday	Mewsbrook Park, Littlehampton	Woodlands Recreation Ground, Rustington
Thursday	Westmeads, Aldwick	Hotham Park, Bognor

### No need to book!

For further information please contact: **01903 725451**  
[hcarun@freedom-leisure.co.uk](mailto:hcarun@freedom-leisure.co.uk)



## Reaching Families

Are you a parent or carer of a child or young person who has, or may have, special educational needs and disabilities in West Sussex?



EMPOWER INFORM SUPPORT

Reaching Families is a parent-carer led charity which aims to empower parent-carers and families of children & young people with special educational needs and disabilities in West Sussex through the delivery of information, training and peer support.

### Making Sense of it All

In-depth parent-carer guide covering SEND issues from birth to adulthood

### Fact sheets

Covering a range of SEND issues localised to the needs of West Sussex families

### Umbrellas

Parent support groups based at locations across West Sussex and online, via Zoom

### Benefits Advice Service

1-2-1 advice & claim checking support for families applying for DLA, PIP & Carers Allowance

### Training

Workshops and courses on a variety of issues delivered in-person and online

### NDP Navigation Service

Support service for parent-carers of children undergoing assessment on the West Sussex Neurodevelopmental Pathway (via referral from a professional)

### Face-2-Face

Peer based befriending for parents of children undergoing diagnosis

### Facebook Group

An online parent support group providing news, information and peer support

### Animations

Short animated films on a variety of subjects

## UMBRELLAS

### Parent Support Groups

#### Summer Term 2026

Connecting parents and carers of children and young people in West Sussex with special educational needs and disabilities



#### Burgess Hill Umbrellas

Tuesdays, 10 am - 11.30 am  
The Cherry Tree Centre  
14<sup>th</sup> Apr / 5<sup>th</sup> May / 2<sup>nd</sup> Jun / 30<sup>th</sup> Jun

#### Horsham Umbrellas

Wednesdays, 10 am - 11.30 am  
Horsham Family Hub  
15<sup>th</sup> Apr / 20<sup>th</sup> May / 17<sup>th</sup> Jun / 15<sup>th</sup> Jul

#### Littlehampton Umbrellas

Wednesdays, 10 am - 11.30 am  
Creative Heart Community Hub (upstairs)  
22<sup>nd</sup> Apr / 13<sup>th</sup> May / 3<sup>rd</sup> Jun / 1<sup>st</sup> Jul

#### Shoreham Umbrellas

Tuesdays, 10 am - 11.30 am  
Adur East Family Hub  
28<sup>th</sup> Apr / 19<sup>th</sup> May / 23<sup>rd</sup> Jun / 14<sup>th</sup> Jul

#### Worthing Umbrellas

Tuesdays, 10 am - 11.30 am  
Durrington Community Centre  
21<sup>st</sup> Apr / 12<sup>th</sup> May / 16<sup>th</sup> Jun / 7<sup>th</sup> Jul

#### Bognor Regis Umbrellas

Thursdays, 10 am - 11.30 am  
Arun West Family Hub  
30<sup>th</sup> Apr / 21<sup>st</sup> May / 25<sup>th</sup> Jun / 16<sup>th</sup> Jul

#### Umbrellas Online

Thursdays via Zoom  
7.30 - 9pm  
23<sup>rd</sup> Apr / 14<sup>th</sup> May / 11<sup>th</sup> Jun / 9<sup>th</sup> Jul

If you would like more information about Umbrellas or the link to join Umbrellas online, please contact our outreach team.  
[outreach-training@reachingfamilies.org.uk](mailto:outreach-training@reachingfamilies.org.uk)

If you would like more information about how Reaching Families can help, please contact:

Email: [admin@reachingfamilies.org.uk](mailto:admin@reachingfamilies.org.uk)  
Telephone: 01903 366 360

Reg Charity No 1150906



[www.reachingfamilies.org.uk](http://www.reachingfamilies.org.uk)

**Reaching Families**  
[www.reachingfamilies.org.uk](http://www.reachingfamilies.org.uk)

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# TRAINING

## SUMMER TERM 2026



### WORKSHOPS

Making Sense of Behaviours that Challenge in Adolescence

Tuesday 21<sup>st</sup> April

7.30 - 9.30 pm

Making Sense of Masking

Thursday 23<sup>rd</sup> April

10.30 am - 12.30 pm

Understanding Attention Deficit Hyperactivity Disorder (ADHD)

Monday 27<sup>th</sup> April

7.30 - 9.30 pm

Making Sense of Wellbeing: Communication skills for parents and carers

Tuesday 28<sup>th</sup> April

7.30 - 9 pm

Understanding Demand Avoidance

Wednesday 6<sup>th</sup> May

7.30 - 9.30 pm

Making Sense of Education Health & Care Needs Assessment and Plans (EHCPs)

Thursday 7<sup>th</sup> May

10.30 am - 12.30 pm

Understanding Autism in Girls

Thursday 14<sup>th</sup> May

10.30 am - 12.30 pm

Making Sense of Disability Living Allowance (DLA)

Tuesday 19<sup>th</sup> May

10.30am - 12.30 pm

Making Sense of SEN Support at School

Wednesday 20<sup>th</sup> May

7.30 - 9.30 pm

### THE SEND FOUNDATION COURSE

An introduction to SEND and the key issues parent-carers will encounter as their children grow and develop.

Wednesday, 22<sup>nd</sup> & 29<sup>th</sup> April

10.00 am - 1.15 pm

**All of the above training will be delivered on Zoom**

For further information visit our website or email: [outreach-training@reachingfamilies.org.uk](mailto:outreach-training@reachingfamilies.org.uk)



SCAN ME

All our workshops are free of charge. For more information or to book a place, please visit our Eventbrite page or scan the QR code.

[reachingfamilies.eventbrite.com](https://reachingfamilies.eventbrite.com)



**Reaching Families**

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