



SOUTH BERSTED CE PRIMARY SCHOOL

Newsletter

6th March 2026

World Book Day

On Thursday, it was wonderful to see the school community engaging in World Book Day! The children looked amazing in their range of outfits. The day began with staff performing a scene from the Wind and the Willows. The children watched as Toad typically caused havoc for his friends. Throughout the day, children engaged in a range of activities related to the traditional text.



World Book Day reminds us of the importance of books and the significant impact they can have. Becoming a confident and engaged reader is a key fundamental to future academic success. We encourage all our families to be engaged in books and stories. Sharing stories together helps children see reading as something enjoyable and special. Whether it's a school reading book or a favourite story at home, these moments foster a lifelong love of books.

Science Week

We are excited to tell you that our school will be taking part in a special science day on **Wednesday 11th March**, as part of British Science Week.

This year's theme is 'Curiosity: What is your question?' The children will spend the day exploring, investigating and asking thoughtful scientific questions about the world around them.

Throughout the day, each class will take part in a range of hands-on investigations designed to spark curiosity and encourage scientific thinking.

Our focus will be on encouraging children to ask their own questions and think like real scientists. We want them to understand that science is not just about finding answers, but about being curious and brave enough to ask questions in the first place.

Sporting Success

On Monday, our Year 5 and 6 basketball team competed in the county final at Durrington High. This was the first time that we had qualified for this event following our locality victory earlier in the term. Playing 6 games, the team won 2, drew 1 and lost 3 leading to a 6th place finish.



On Saturday, we entered three teams into the locality football and netball events. Thank you and congratulations to all children that represented the school in these events. The netball team built on their success of earlier tournaments by finishing third, and our Year 5 football team were narrowly beaten in the final finishing second. The Year 6 footballers were unlucky not to qualify for the semifinals, after narrowly losing their second game 5 – 6 and winning their last game with a resilient 1 – 0 display.

Attendance

This week's attendance is: **96.8%**.

This half term's top three attending classes are:

Class	Attendance
Year 1	98.6%
Year 2	98.3%
Year 5	98.1%

Numbots

Congratulations to our most valuable players:

Emily (Penguin Class) earning 1,283 coins

Ivy (Year 1) earning 118 coins,

Molly (Year 2) earning 1,617 coins.

Numbots is a fantastic online game that helps to develop pupil's recall of key number facts that frees up working memory.



Gold Book

Congratulations to the following pupils who were recognised this week for their positive attitudes towards learning and for displaying the school's Christian Values.

Emily & Hattie (YR). Archie & Ivy (Y1). Jasper & Mia (Y2). Thea, Poppy & Logan (Y3). Cynthia, Noah & Reggie (Y4). Theodore S, Yana & Elif (Y5). Skylar & Tommy P (Y6).

RSE Workshops

As a part of your child's education at South Bersted, we promote personal wellbeing and development through a comprehensive Relationships, Sex and Health Education programme (RSHE). RSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. As part of this programme children complete a unit of RSE (Relationships and Sex Education).

Following our curriculum review and updates from the Department for Education, we are inviting parents to attend our workshops. Places can be booked through the MCAS app.

Group	Date	Time
Year 1	Friday 13th March	8.45am
Year 4	Thursday 12th March	8.45am
Year 5	Wednesday 11th March	8.45am

South Bersted's Got Talent

Back by popular demand, we are running Bersted's Got Talent again this year. Children can take place individually, in a pair or in a group. All they have to do is collect an entry form from the library, fill it in and hand it to their class teacher.

Each act will then perform their talent to their class. As a class they will vote for their top three acts who will perform to the school in March.



**South Bersted's
Got Talent!**

Do you have a talent that you would like to share with the school?

If so, get ready to perform!

**During the week of 9th March, you can perform
your talent to your class. You and classmates will then vote for
three performances to go through to the final.**

The final will take place on 23rd & 24th March in the School Hall.

To enter complete an application form and hand it to your class teacher by 4th March.

Supporting my Child to Emotionally Regulate Workshop

Aims of the Workshop

This workshop helps parents understand emotional regulation, recognise behaviour as communication, and respond supportively to children's needs.

Date: 23rd March 2026

Time: 2:00 – 3:00pm

To register for this workshop, please book a place via MCAS, you will find it under the products category. If you need any assistance, please contact the school office via dojo.

Up-Coming Events

Please find below a summary of upcoming events for the next three weeks:

Date	Details
March 2026	
Monday 9th	<i>Science Week Year 2 RSE Workshop</i>
Tuesday 10th	<i>Year 3 Visit to Westbourne House to See Oliver (please note that this event has been cancelled).</i>
Wednesday 11th	<i>Science Day Year 5 RSE Workshop Future Flyers Event</i>
Thursday 12th	<i>Year 4 RSE Workshop Year 4 Multi sports event – children to be in PE kits Year 2 Outdoor Learning</i>
Friday 13th	<i>Year 1 RSE Workshop Year 4 Swimming</i>
Monday 16th	<i>Year 2 Outdoor Learning</i>
Tuesday 17th	<i>EYFS Brent Lodge Workshop</i>
Wednesday 18th	<i>Winter Olympic Event for Selected Pupils Y3 Outdoor Learning</i>
Thursday 19th	<i>BIG Sing Event (School Choir)</i>
Friday 20th	<i>Year 4 Swimming</i>
Monday 23rd	<i>DST Workshop: Emotional Regulation</i>
Tuesday 24th	<i>EYFS Spring Outdoor Learning</i>
Wednesday 25th	<i>Easter Egg Hunt School Disco Non school Uniform Day for donations for the Easter Fayre</i>
Thursday 26th	<i>Easter Fayre Y4 Drumming Performance times tbc Year 5 Fair Trade Café</i>
Friday 27th	<i>Church Service all families welcome 9:00 – 10:00 Tom's Talking Reptiles visit for EYFS and Year 2</i>

Home Learning Challenge

There is still time to engage in the whole school challenge.

A reminder that during this time of Lent, we encourage pupils across the give to give out at Lent. Below is a list of the Acts of Kindness that we encourage the children to undertake.

Act it out... 40 Challenges for 40 days of Lent = Act/Do = Care = Speak = Think stewardship®

<p>1</p> <p>Tidy up your room without being asked <input type="checkbox"/></p>	<p>2</p> <p>Save energy – turn off lights, TV, chargers when you leave a room <input type="checkbox"/></p>	<p>3</p> <p>Cut down your screen time – TV, internet or games, and suggest playing a family game together <input type="checkbox"/></p>	<p>4</p> <p>Begin to collect onion skins – both red and orange to make 'peche' eggs for Easter <input type="checkbox"/></p>	<p>5</p> <p>Say sorry to someone <input type="checkbox"/></p>
<p>6</p> <p>Put money into a Giving Jar. Feed it with loose change or the money you might have spent on treats – think about which charity you would like to give the money away to at the end of Lent <input type="checkbox"/></p>	<p>7</p> <p>Try to spend a whole day without arguing (and that includes your Mum, Dad and any brothers or sisters!) <input type="checkbox"/></p>	<p>8</p> <p>Send a letter or picture to a grandparent, relation or Godparent <input type="checkbox"/></p>	<p>9</p> <p>Be a good team player, don't hog the ball and compliment your team mates <input type="checkbox"/></p>	<p>10</p> <p>If someone in your family has done something special for you, write them a thank you note <input type="checkbox"/></p>
<p>11</p> <p>Make a friend outside your usual 'crowd' <input type="checkbox"/></p>	<p>12</p> <p>Put food out for birds and make sure there is fresh water that isn't frozen <input type="checkbox"/></p>	<p>13</p> <p>Try to find out about someone your age living in a poorer country and compare your lives <input type="checkbox"/></p>	<p>14</p> <p>Do chores without complaining <input type="checkbox"/></p>	<p>15</p> <p>Phone/email a grandparent, distant relative or friend to say 'hi' <input type="checkbox"/></p>
<p>16</p> <p>Check through your games and toys and give ones you don't use to a charity shop (not broken ones!) <input type="checkbox"/></p>	<p>17</p> <p>Make some cakes or biscuits to share with your class mates <input type="checkbox"/></p>	<p>18</p> <p>Volunteer – find an opportunity to help out. You may need an adult to help you with this <input type="checkbox"/></p>	<p>19</p> <p>Walk/cycle/scoot to school once a week <input type="checkbox"/></p>	<p>20</p> <p>FHB: Family Hold Back with a difference.... hold back from jumping in and taking what you want at the meal table <input type="checkbox"/></p>
<p>21</p> <p>Say something nice about someone behind their back <input type="checkbox"/></p>	<p>22</p> <p>Change your bed and if you are feeling really generous change someone else's as well <input type="checkbox"/></p>	<p>23</p> <p>Help end food waste, don't cook or take more than you can eat <input type="checkbox"/></p>	<p>24</p> <p>If the bin is full, don't ignore it – empty it and replace the bin-liner <input type="checkbox"/></p>	<p>25</p> <p>At the end of a special day or outing, get each member of your group or family to mention the best thing that they enjoyed and give thanks to God <input type="checkbox"/></p>
<p>26</p> <p>Cut down on your phone/texting time <input type="checkbox"/></p>	<p>27</p> <p>Make a scrap book for an elderly relative or someone you know who is ill – find out what interests them: sport, nature, cooking, holidays, and spend some time going through it with them <input type="checkbox"/></p>	<p>28</p> <p>Be a friend to a shy person <input type="checkbox"/></p>	<p>29</p> <p>Ask if you can help at school, at home, at church, or at one of your clubs <input type="checkbox"/></p>	<p>30</p> <p>Make a card or a note – saying something nice for members of your family or friends and hide them somewhere where they will find them <input type="checkbox"/></p>
<p>31</p> <p>When you buy yourself a treat, buy two and give one away <input type="checkbox"/></p>	<p>32</p> <p>Set the table and clear away or do the washing up without being asked <input type="checkbox"/></p>	<p>33</p> <p>Run a fundraising event in aid of charity, organise a cake sale or a book swap with your friends <input type="checkbox"/></p>	<p>34</p> <p>Pick up litter outside your home, church or school <input type="checkbox"/></p>	<p>35</p> <p>Cut out palm leaves and write thank yous to God on them <input type="checkbox"/></p> <p><small>Saturday before Palm Sunday</small></p>
<p>36</p> <p>Be generous with your words, pay a compliment to a family member, friend or even your teacher <input type="checkbox"/></p>	<p>37</p> <p>Read or draw pictures of Holy Week events <input type="checkbox"/></p>	<p>38</p> <p>Make an Easter garden and invite a friend round to help make it <input type="checkbox"/></p>	<p>39</p> <p>Make 'peche' eggs ready for Easter Sunday <input type="checkbox"/></p>	<p>40</p> <p>Make Easter Story cookies <input type="checkbox"/></p>

HOLY WEEK

SOUTHERN MARTIAL ARTS



KARATE & KICKBOXING



努力報酬

KARATE LESSONS

AT SOUTH BERSTED PRIMARY SCHOOL



Why Join Karate?

- ✓ Build confidence, focus & discipline
- ✓ Improve fitness, coordination & balance
- ✓ Learn self-defense in a fun, safe setting
- ✓ Taught by fully qualified Black Belt instructor (DBS checked, First Aid trained, fully insured)

📍 South Bersted Primary School

🕒 Mondays 3:15-4:15pm

👥 Open to year 1 and above,
Beginners Welcome

📅 Reserve Your Child's Spot Today

👤 Sempai Aimee

☎ 07401574105

aimee.southernmartialarts@gmail.com

£5.50 Pay As You Go



Sempai Aimee – 07401574105



The Hidden Treasure Hunt

Join HypnoCat and recycle your unwanted electricals and tech - you'll get a chance to win prizes for you and your school!

Your mission:

1

Rummage

Hunt out any broken or unwanted tech and small electricals (anything with a battery, plug or cable) with your family at home.



There's real gold in old gadgets - don't waste them!

2

Recycle

Bag them up and bring them to Currys - you'll get at least a £5 discount voucher to spend on purchases over £25. Earn extra gift card value when you trade in eligible tech like laptops, tablets, or phones.*



No Currys nearby? Search 'recycle your electricals' to find all your local donation and recycling drop-off points.

3

Register

Register your recycling on the Hidden Treasure Hunt site (or scan the code in Currys) to earn a Planet Care Point for our school.



Every point helps our school climb the leaderboard for a chance to win new tech - plus, you'll be entered into the termly tech prize draw!



*Terms and conditions apply

Find out more at HiddenTreasureHunt.org



Together with



JoinThePod.org

UMBRELLAS

Parent Support Groups

Spring Term 2026

Connecting parents and carers of children and young people in West Sussex with special educational needs and disabilities



Burgess Hill Umbrellas

Tuesdays, 10 am - 11.30 am

The Cherry Tree Centre

13th Jan / 3rd Feb / 3rd Mar

Littlehampton Umbrellas

Wednesdays, 10 am - 11.30 am

Creative Heart Community Hub (upstairs)

14th Jan / 11th Feb / 11th Mar

Worthing Umbrellas

Tuesdays, 10 am - 11.30 am

Durrington Community Centre

20th Jan / 10th Feb / 17th Mar

Umbrellas Online

Thursdays via Zoom

7.30 - 9pm

15th Jan / 12th Feb / 5th Mar

Horsham Umbrellas

Wednesdays, 10 am - 11.30 am

Horsham Family Hub

21st Jan / 25th Feb / 18th Mar

Shoreham Umbrellas

Tuesdays, 10 am - 11.30 am

Adur East Family Hub

27th Jan / 24th Feb / 24th Mar

Bognor Regis Umbrellas

Thursdays, 10 am - 11.30 am

Arun West Family Hub

29th Jan / 26th Feb / 26th Mar

If you would like more information about Umbrellas or the link to join Umbrellas online, please contact our outreach team.

outreach-training@reachingfamilies.org.uk



**Reaching
Families**

www.reachingfamilies.org.uk

**Dove Lodge, 49 Beach Road,
Littlehampton, BN17 5JG**

Registered Charity No: 1150906

Company Limited by Guarantee No: 8268096





Reaching Families

Are you a parent or carer of a child or young person in West Sussex who has, or may have, special educational needs and disabilities?



Reaching Families is a parent-carer led charity which aims to empower parent-carers and families of children & young people with special educational needs and disabilities in West Sussex through the delivery of information, advice, training and peer support.

Making Sense of it All

In-depth parent-carer guide covering SEND issues from birth to adulthood

Umbrellas

Parent support groups based at locations across West Sussex and online, via Zoom

Training

Workshops and courses on a variety of issues delivered online, via Zoom

Face-2-Face

Peer based befriending for parents of children undergoing diagnosis

Animations

Short animated films on a variety of subjects

Fact sheets

Covering a range of SEND issues localised to the needs of West Sussex families

Benefits Advice Service

1-2-1 advice & claim checking support for families applying for DLA, PIP & Carers Allowance

NDP Navigation Service

Support service for parent-carers of children undergoing assessment on the West Sussex Neurodevelopmental Pathway (via referral from a professional)

Facebook Group

An online parent support group providing news, information and peer support

If you would like more information about how Reaching Families can help, please contact:

Email: admin@reachingfamilies.org.uk

Telephone: 01903 366 360

Reg Charity No 1150906



Reaching Families

www.reachingfamilies.org.uk

14.03.2026 – PHOENIX CENTER BOGNOR REGIS – 10AM – 4PM

ARUN GAMES FEST



WHAT'S ON

- LEARNING EXPERIENCES FROM ROBLOX CREATORS •
- CHARACTER DESIGN WORKSHOPS • RETRO GAMES •
- IMMERSIVE VR EXPERIENCES AND DEMOS •
- HANDS ON CREATIVE ACTIVITIES BOARD GAMES •
- CREATOR TALKS • PLAY TESTING •
- ESPORT TOURNAMENTS AND CASUAL PLAY •
- YOUTH VOICE DISCUSSION • AND SO MUCH MORE! •



A celebration of games and creativity for young people

ARUN GAMES FEST

A welcoming space
for everyone
to explore games,
meet creators,
and build new skills.

Volunteer with us!

Build confidence
through real event experience.
Connect with local studios,
organisations, and fellow creators.
Gain experience for portfolios, CVs,
future education or job applications.
Earn recognition through digital badges.

We're on the look out for:

Game creators to showcase their projects.

- Playtesters to give feedback on in-development games.
- Event assistants to support workshops.
- Tech support for streaming, esports and VR.

head to www.dabbble.app/dabbblezone to apply!



**Grab your
tickets here!**



Saturday 14th March – Phoenix Center, Bognor Regis

junior parkrun - where everyone is



welcome

junior parkrun is a free, fun, friendly, weekly, community event organised by volunteers of all ages for children aged 4 to 14.

2k junior parkrun events take place on Sunday mornings and are for the whole community to come together to walk, jog, run and volunteer. Join in on the fun at junior parkrun!



junior parkrun



**BOGNOR TOWN
YOUTH FC GIRLS**

YEAR 5

**RECRUITING FOR A NEW
DEVELOPMENT TEAM!**

ALL ABILITIES WELCOME!

**TRAINING: FRIDAY 5 - 6 PM
BOGNOR TOWN 3G FOOTBALL PITCH
NYEWOOD LANE**

**PLEASE CONTACT COACH ELLIE ON
07792 589813**

BOGNOR REGIS TOWN FC



U10 GIRLS TEAM

RECRUITING!

SCHOOL YEAR 4 GIRLS

ALL ABILITIES WELCOME!

**TRAINING
FRIDAY 5-6PM**

**BOGNOR TOWN
FOOTBALL CLUB 3G PITCH
NYEWOOD LANE
BOGNOR REGIS**



EXPRESSION OF INTEREST **ELLIE 07792 589813**
PLEASE CONTACT ELLIE U10'S COACH