



SOUTH BERSTED CE PRIMARY SCHOOL

Newsletter

6th February 2026

Mental Health Week

Next week is Children's Mental Health Week and each class will be focusing on understanding and managing their mental health. This will be a valuable opportunity for children across the school to learn about their emotions and wellbeing in an age-appropriate and engaging way.

Children will be learning to recognise and manage big emotions and understand why feelings such as anxiety exist. They will explore practical strategies to manage these emotions and feelings as well as celebrate what makes each of us unique and special. The week will be supported by carefully selected texts that helped children explore mental health topics through stories and discussion, encouraging empathy, self-awareness and positive conversations about feelings.

Philosophy for Children

As part of P4C this week we looked at the short film 'The Wishgranter', this explores granted wishes for people by a creature who lives underground. We then used this to explore our wishes. ***Would you wish for something for yourself or for someone else?*** Children then came up with their own enquiry lines to explore together in class.

A link to the video can be found here: [CGI 3D Animation Short Film HD "The Wishgranter" by Wishgranter Team | CGMeetup](https://www.youtube.com/watch?v=CGI3DAnimationShortFilmHDTheWishgranterbyWishgranterTeamCGMeetup)

We are always interested to hear how the children reflect on our P4C lessons at home. If there is anything that you would like to share with us, please do so by messaging or speaking to Mrs Bush.



Parent Workshops

Thank you to the parents who have completed the questionnaire. These responses are helping us to organise the workshops that you would find helpful.

The questionnaire will be open from **22nd January** until the end of half term, **13th February 2026**.

https://docs.google.com/forms/d/e/1FAIpQLSfntME_I4HYMNI1jznEzCww6jiqkWD2O2jyxdiV5RwcOL2dTQ/viewform?usp=header

Sporting Success

On Friday, our Year 3 and 4 girls football team put on a fantastic display in the semi-final's competition against Chichester schools, winning their matches 4–0, 3–0 and 5–1 securing their place in the final. Throughout the tournament, the girls showed outstanding teamwork, determination and resilience. They supported one another, battled for every ball, and never gave up! They were a real credit to South Bersted, and we could not be prouder of their achievements. The girls will now progress to the final, which will be held at Cobham Training Ground, where Chelsea Women train. This is an incredible opportunity, and we can't wait to get back to training for the final!



On Tuesday of this week, our Year 5 and 6 basketball team competed against other local schools. The team played 5 games, winning 4 and losing 1. Their results meant that they finished in 1st place and qualified to play other schools in the Littlehampton area. I was delighted with their commitment, resilience and determination during this event! We wish them luck in the final!

Sport plays such an important role in teaching children how to work as team, how to develop resilience and a growth mindset. This year, we have already qualified for our greatest number of finals. Thank you and congratulations to all children that have represented the school in a sporting event or fixture!



Congratulations to our most valuable players:

Toby (Penguin Class) earning 1,184 coins
Dimitry (Year 1) earning 3,322 coins,
Rory (Year 2) earning 5,715 coins.

Numbots is a fantastic online game that helps to develop pupil's recall of key number facts that frees up working memory.

Attendance

This week's attendance is: **94.7%**

This week's top three attending classes are:

Class	Attendance
Year 4	97.2%
Year 3	95.9%
Year 5	95.8

Parents' Evening and School Clubs

During next week's parents' evenings, can you please remember to sign in and out of the school. A reminder that during Monday's event, Liz Lawrence from the Dedicated School's Team (DST) will be available if you wish to talk to her.

The DST provide advice and support around the following areas:

- *Attendance*
- *Physical health*
- *Mental health and emotional wellbeing*
- *Transitions (working with schools to identify children and young people transitioning between educational settings)*
- *Targeted intervention and support*
- *Special Educational Needs and Disabilities (SEND)*

Clubs: Please note that all teacher led after school clubs will be cancelled for this week. The clubs for the week will be as follows:

	Going ahead	Cancelled
Monday	<i>Karate</i>	<i>Girls Football Puzzle Club</i>
Tuesday		<i>Dance House</i>
Wednesday	<i>Baking Club Albion</i>	
Thursday		<i>Choir Homework Club</i>
Friday	<i>Premier</i>	

Jolf Event

As part of our PE curriculum, we are pleased to be offering JOLF again. On **Friday 13th February**, all children will engage in JOLF workshops, please can all children attend school in their PE kits.

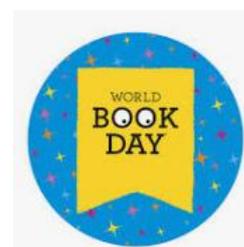
Gold Book

Congratulations to the following pupils who were this week recognised for their positive attitudes towards learning and for displaying the school's Christian Values:

Alfred & Matylda (EYs). Mabel G & Logan G (Y1). Nathaniel, Jack & Greyson (Y2). George A, Maisie C & Luna-Bella (Y3). Emee, Eli & Darcy G (Y4). Theo C & Amelia (Y5). Josh P & Buddy S (Y6).

World Book Day

World book day is **Thursday 5th March**. This year we will be linking our activities to the classic text "The Wind in the Willows", with children taking part in a variety of art and English activities throughout the day. Pupils are encouraged to dress as a character from the text or another favourite book character.



Up-Coming Events

Please find below a summary of upcoming events for the next three weeks:

Date	Details
February 2026	
Monday 9th	<i>Year 4 Fishbourne Roman Palace Visit Year 1 Outdoor Learning Parents Evening (3:30 – 5:00)</i>
Tuesday 10th	<i>Safer Internet Day Future Flyers</i>
Wednesday 11th	<i>Year 5 Bikeability Level 1 Key Stage 1 Jump Start Jonny Event (EYFS, Yrs 1, 2 and 3 in PE kits) Parents Evening (3:30 – 6:30)</i>
Friday 13th	<i>JOLF Day (children in PE kits) Year 5 Swimming (last session) End of half term</i>
Monday 23rd	<i>Start of Spring 2 Year 6 Tangmere visit</i>
Tuesday 24th	<i>Olympic Athlete visit all children in PE kits Girls Football match – selected pupils</i>
Wednesday 25th	<i>Bronze Ambassadors Event</i>
Thursday 26th	<i>Girls Football event (Years 5 and 6)</i>
Friday 27th	<i>Year 4 swimming</i>
March 2026	
Thursday 5th	<i>World Book Day</i>
Friday 6th	<i>Year 4 swimming</i>
Saturday 7th	<i>FAB sports events: football and netball</i>

Jump Start Jonny Event

On Wednesday 11th February pupils in EYFS, Yr 1, Yr 2 and Yr 3 will have a visit from Jump Start Jonny! In preparation for the visit, we want you to get your dancing shoes on and learn your favourite dance!

Follow the link below, choose your favourite dance and master it before the visit!

<https://jumpstartjonny.co.uk/visit-videos/>

Send pictures or videos to your child's teacher via Class Dojo!

The Jump Start Jonny Tour

Get your dancing shoes on and learn these amazing moves before your big day!



We Are The Champs

Olé, you're the best, as you go for the score - sing We Are The Champs to make the crowd roar!



Hey Hey Hey

Put your hands in the air and feel okay - let's our lose our minds to Hey Hey Hey!



Go Insane

Ready to dance so crazy, you forget your name! Yeah, you've guessed it, let's Go Insane!

****A reminder that children in these year groups should be in their PE kits on Wednesday 11th. ****

South Bersted's Got Talent

Back by popular demand, we are running Bersted's Got Talent again this year. Children can take place individually, in a pair or in a group. All they have to do is collect an entry form from the library, fill it in and hand it to their class teacher.

Each child, pair or group will then perform their talent to their class. As a class they will vote for their top three acts who will perform to the school in March.

South Bersted's Got Talent!

Do you have a talent that you would like to share with the school?

If so, get ready to perform!

During the week of 9th March, you can perform your talent to your class. You and classmates will then vote for three performances to go through to the final.

The final will take place on 23rd & 24th March in the School Hall.

To enter complete an application form and hand it to your class teacher by 4th March.

BREAKFAST CLUB

Monday – Friday

08:00 – 08:35

£3.50 per session



To book sessions please express your interest by either following the below link or scanning the QR code.

[Breakfast Club - Expression of Interest – Fill in form](#)



The Hidden Treasure Hunt

You may recall that before half term, we had a film crew in to create the promotional video for the Hidden Treasure Hunt. You can now view this video as the hunt has started!

<https://www.hiddentreasurehunt.org/#how-it-works-for-schools>

As a school, we want to continue our great work as an eco-school and climb the leader board! Please watch the video to find out more!

We are currently fourth in the leader board!



The Hidden Treasure Hunt

Join HypnoCat and recycle your unwanted electricals and tech – you'll get a chance to win prizes for you and your school!

Your mission:

- 1 Rummage**
Hunt out any broken or unwanted tech and small electricals (anything with a battery, plug or cable) with your family at home.
- 2 Recycle**
Bag them up and bring them to Currys - you'll get at least a £5 discount voucher to spend on purchases over £25. Earn extra gift card value when you trade in eligible tech like laptops, tablets, or phones.*
No Currys nearby? Search 'recycle your electricals' to find all your local donation and recycling drop-off points.
- 3 Register**
Register your recycling on the Hidden Treasure Hunt site (or scan the code in Currys) to earn a Planet Care Point for our school.
Every point helps our school climb the leaderboard for a chance to win new tech – plus, you'll be entered into the termly tech prize draw!

There's real gold in old gadgets – don't waste them!

Find out more at [HiddenTreasureHunt.org](https://www.HiddenTreasureHunt.org)

recycle your electricals | Together with **pod** | currys | Microsoft | ecogenecys | DHL | [JoinThePod.org](https://www.JoinThePod.org)

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UMBRELLAS

Parent Support Groups

Spring Term 2026

Connecting parents and carers of children and young people in West Sussex with special educational needs and disabilities



Burgess Hill Umbrellas

Tuesdays, 10 am - 11.30 am

The Cherry Tree Centre

13th Jan / 3rd Feb / 3rd Mar

Littlehampton Umbrellas

Wednesdays, 10 am - 11.30 am

Creative Heart Community Hub (upstairs)

14th Jan / 11th Feb / 11th Mar

Worthing Umbrellas

Tuesdays, 10 am - 11.30 am

Durrington Community Centre

20th Jan / 10th Feb / 17th Mar

Umbrellas Online

Thursdays via Zoom

7.30 - 9pm

15th Jan / 12th Feb / 5th Mar

Horsham Umbrellas

Wednesdays, 10 am - 11.30 am

Horsham Family Hub

21st Jan / 25th Feb / 18th Mar

Shoreham Umbrellas

Tuesdays, 10 am - 11.30 am

Adur East Family Hub

27th Jan / 24th Feb / 24th Mar

Bognor Regis Umbrellas

Thursdays, 10 am - 11.30 am

Arun West Family Hub

29th Jan / 26th Feb / 26th Mar

If you would like more information about Umbrellas or the link to join Umbrellas online, please contact our outreach team.

outreach-training@reachingfamilies.org.uk



**Reaching
Families**

www.reachingfamilies.org.uk

**Dove Lodge, 49 Beach Road,
Littlehampton, BN17 5JG**

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Reaching Families

Are you a parent or carer of a child or young person in West Sussex who has, or may have, special educational needs and disabilities?



Reaching Families is a parent-carer led charity which aims to empower parent-carers and families of children & young people with special educational needs and disabilities in West Sussex through the delivery of information, advice, training and peer support.

Making Sense of it All

In-depth parent-carer guide covering SEND issues from birth to adulthood

Umbrellas

Parent support groups based at locations across West Sussex and online, via Zoom

Training

Workshops and courses on a variety of issues delivered online, via Zoom

Face-2-Face

Peer based befriending for parents of children undergoing diagnosis

Animations

Short animated films on a variety of subjects

Fact sheets

Covering a range of SEND issues localised to the needs of West Sussex families

Benefits Advice Service

1-2-1 advice & claim checking support for families applying for DLA, PIP & Carers Allowance

NDP Navigation Service

Support service for parent-carers of children undergoing assessment on the West Sussex Neurodevelopmental Pathway (via referral from a professional)

Facebook Group

An online parent support group providing news, information and peer support

If you would like more information about how Reaching Families can help, please contact:

Email: admin@reachingfamilies.org.uk

Telephone: 01903 366 360

Reg Charity No 1150906



Reaching Families

www.reachingfamilies.org.uk



Travelling Tales

Jump on board this half term to **row, ride,** and **fly** with us through stories about all the different ways we get around, plus some *wheelie*-fun crafts and activities!



Thursday 19 February
11.00-12noon

Suitable for children aged 4+ years

Booking essential – please speak with staff to reserve a place.
Parents and carers must remain with their child during this activity.



Bognor Library
London Road PO21 1DE
01243 382470

bognor.regis.library@westsussex.gov.uk

junior parkrun - where everyone is



welcome

junior parkrun is a free, fun, friendly, weekly, community event organised by volunteers of all ages for children aged 4 to 14.

2k junior parkrun events take place on Sunday mornings and are for the whole community to come together to walk, jog, run and volunteer. Join in on the fun at junior parkrun!



junior parkrun

The menu is set against a pink background with a white curved section at the bottom. It features several colorful Easter eggs: a yellow one in the top left, a white one in the middle left, a purple one in the top right, a brown one in the middle right, and a pink one in the bottom right. A white silhouette of a rabbit is positioned above the word 'EASTER'.

EASTER TREATS

Thursday 26th March 2026

MAINS

Cheese & Tomato Pizza

BBQ Chicken & Rice

Jacket Potato & Baked Beans

SIDES

Peas or

Seasonal Salad

DESSERT

Easter Cookie



Order via [ParentPay](#) no later than

Thursday 12th March 2026

Please Note: Special diet meals will remain in place.