



SPRING 2025

SOUTH BERSTED CE SPORTS

NEWSLETTER

1.3.25- Girls from Year 5 and 6 competed in a netball tournament against 9 other local schools on Saturday. The children showed excellent teamwork skills, battled for every ball, scored more goals than ever before at a tournament and never gave up. The girls hard work paid off and they came in 5th place after winning 4 matches.



FAB NETBALL AND FOOTBALL TOURNAMENTS

14.01.25 Pupils from Years 5 and 6 competed against 6 other schools at the Arena. In each of the games, the players displayed teamwork and resilience.

This was particularly evident when they came from behind to draw 2 - 2. In their 6 games, they won three, drew one and lost two. Congratulations to each of them!





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BIGGEST EVER GIRLS FOOTBALL SESSION 7.3.25



This was a great way to celebrate International Women's Day. South Bersted was part of a nationwide celebration, highlighting the importance of inclusivity in sports and showing pupils in our school that girls belong in football. It also offered a fantastic opportunity for our girl's football leaders to take charge in organising and running the day, building essential leadership skills. Every girl in the school came out to take part in this event and what a great afternoon we all had playing football!

"It was so fun,
it was just for the girls.
When I am in Year 6 I
will do it!"
Ivy EYFS

"We hope more girls
want to play
football like us!"
Elsie D Y6

"I want to do girls
football club!"
Winnie EYFS



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EQUAL ACCESS GIRLS FOOTBALL AWARD



In January, we received our prestigious Equal Access School Award from the FA and Barclays. The award recognises schools that actively share the FA and Barclays Girls' Football School Partnerships' mission.

This initiative ensures that all girls have equal access to football within the curriculum and through extracurricular activities. This along with our Gold School Games mark and Platinum Quality Start Award demonstrates the school's commitment to sporting excellence.

GIRLS FOOTBALL AT BERSTED GREEN

On Tuesday 4th February, members of our Girl's Football Club visited Bersted Green. During the afternoon, they played a match and engaged in a range of drills. During both the game and the drills, they displayed team work and resilience.

They worked as a team to draw the game 4 - 4. Over the next half term, we look forward to further games and experiences.

"I loved playing the games, it was fun. I hope we do it again"
Nelly Y4



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SOUTH BERSTED LEADERSHIP ACADEMY



South Bersted now have more young leaders trained up than ever before. We currently have 6 Year 2 pupils trained as Little Leaders who lead activities for EYFS pupils every Wednesday lunchtime.

Our Year 4 PALS (playground activity leaders) are leading lunchtime activities in year 1 and our Year 6 Bronze Ambassadors are running activities in EYFS every Tuesday lunchtime. We also recently had our Year 5 Bronze Ambassadors attend training and they are now planning their sessions to lead to the younger pupils after Easter.

These opportunities are fantastic for our children to develop their leadership skills and shows their commitment towards supporting younger pupils in sport.

"We did lots of exercises and they taught us how to teach younger children skills like throwing a frisbee, a ball or playing football games"
Hana Y5

"They taught us how to make our own games, warm ups and exercises to warm up the muscles before playing sport"
Alisa Y5

"We love teaching early years because it is fun and we get to see them learning new things"
Elsie C Y6

"We have been doing different activities each week with Early Years, we led an obstacle course, played stuck in the mud and did a football activity which they found really funny!"
Bella Y6 Bronze Ambassador



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"In our future flyer training we try 3 different sports each time, personally my favourite so far has been trampolining. We have been attending the training since we were in Year 5"
Jack

"I enjoy trying all the new and different sports and activities. I enjoyed ultimate frisbee, spikeball was tricky but fun and we learnt CPR.
Julia



FUTURE FLYERS

Future Flyers are selected as strong all-round sports pupils who display an advanced skill level and understanding across a variety of activity areas. They have a passion for sport and show dedication and motivation.

WHOLE SCHOOL PE EVENT LED BY THE REGIS SCHOOL



"I am good at throwing and catching now!"
Mabel S EYFS



"I loved the bowling activity"
Logan DC



"I did jumping, it was fun"
Athena EYFS



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We were lucky to welcome Neil back again this year from Jolf. KS1 pupils attend these PE lessons every Tuesday developing their hand eye co-ordination skills, turn taking and understanding of the sport. Other children also participate in the after-school club led by Neil.



"We have a bat and we run and hit it to the sticks and then we run back and take it in turns"
Dakota Y1

"Kevin is a really good teacher at cricket"
Abram Y1

"I love playing golf, you have to hit the ball on the nose if you want it to go straight. If it doesn't go in straight away, you keep trying"
Isla EYFS

"It is good because we learn how to take turns and share it"
Nuala EYFS

JOLF AND CHANCE TO SHINE CRICKET

We also welcomed Kevin in from Chance to Shine/ All Stars cricket to run PE sessions for Years 1,2,3 and 5. The children took part in many different cricket based activities, developing their striking and fielding skills. Other children also participate in the after school club led by Kevin.



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FCC LEADERS EVENTS

Year 5 attended a Soccer Size session led by Felpham Community College Leaders which involved a range of activities that supported their football skills and teamwork.

Year 4 also attended a Multiskills Sport Workshop on Thursday 20th March.

"I liked it because if someone had never played football before it was the basics and a really good experience" Josh P Y5

"I really liked it because we did drills and games and it is good for beginners and for experienced people also" Adam Y5

Disney Shooting Stars Girls Football Event
Bognor Road to Eastbourne Tennis
Bognor Quadkids
Year 2 Multisports Event
Fab Area Athletics
Huff and Puff Event
Whole School Sports Days

UPCOMING

EVENTS



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SPRING AFTER SCHOOL CLUBS AT SOUTH BERSTED

GIRLS FOOTBALL - MONDAY



"Girls football club is great because we lead warm ups for the younger pupils and it is a really fun club"
Esmae Y6

"Girls football club is really fun because we led a girls football afternoon which will hopefully make more girls want to play football!"
Elsie D

MARTIAL ARTS - MONDAYS



"I like doing the grading, I learn new things!"
Arthur Y1

"It is really fun, we do our kicks and our punches"
Abram Y1

"I am a yellow belt now, we do our blocks and we do it to defend ourselves when we are older"
Dakota Y1

DANCE HOUSE - TUESDAY



"I like dance house because I love learning new dance moves and I know if I show some of my moves, no one will laugh"
Hana Y5

"I like dance house because I can express my emotions and dance in general"
Skylar Y5

ALBION FOOTBALL - WEDNESDAY



"We do tag game warm ups. In teams we then play matches, it is really fun and it then makes you a better football player!"
Daniel Y4

"You have fun with your friends, we play matches and the coaches help us"
Elliott Y4

INFANT GYMNASTICS- FRIDAYS

"It is really fun because sometimes we jump of equipment and practice different gymnastics moves"
Poppy Y2

"I think it is good, we get to train and training makes you healthier and makes you better at things"
Fatima

"It is great because I get to be with my friends and we all work together!"
Thea

