

FRIDAY FLYER



Reverence: Do to others as you would have them do to you. Luke 6:31

26th April 2024

RNLI VISIT:

Today the children have enjoyed a visit from the RNLI where have been learning about water safety, how to stay safe at the beach, understanding the different flags and how to float if they get into trouble in the water.



SPACE DAY:

EYFS are having a fantastic Space Day! The children have been taking part in challenges and are training to be astronauts! They have been completing a moon obstacle course by riding a space buggy and collecting moon rocks and delivering them back to earth! They got dressed up as astronauts and put on their space suits and space boots and they experienced what it is like on the moon through VR headsets. They created astronaut collage artwork and pretended they were in a rocket and blasted off to the moon! In the afternoon they will have a space themed gymnastics lesson where they will jump on and off the equipment and climb up the wall bars to collect moon rocks!



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AFTER SCHOOL CLUBS:

When collecting your child from after school clubs please ensure that for yours and your child's safety you walk down the path and do not walk through the car park as it will be in use.

YEAR 6 SATS & TOAST CAFE:

Year 6 SATs week begins on the week commencing 13th May. We will be holding a Toast Cafe for Year 6 in the mornings during this week. Another copy of the letter regarding the Toast Cafe was sent home with children yesterday. If you have not yet returned your child's consent form **please complete and return it to the office** so that we can organise food for Toast Cafe. If you need another copy of the consent form please Dojo the office.

PE DAYS SUMMER TERM:

As a reminder please note that there have been changes to the PE days for some classes this term as we have Jolf Golf and Sussex Cricket in school on Tuesdays delivering PE lessons. Below you will find the PE days for all year groups for the Summer term.

Reception - Tuesdays and Fridays
Year 1 - Mondays and Tuesdays
Year 2 - Tuesdays and Wednesdays
Year 3 - Tuesdays and Thursdays
Year 4 - Tuesdays and Fridays
Year 5 - Tuesdays and Fridays
Year 6 - Tuesdays and Fridays

THOUGHT-FULL TEAM PARENT WORKSHOP:

We will have the Thought-Full Team in school leading a parent workshop on how you support your child with fears and worries. The workshop will be run over 5 sessions and will cover the following areas:

Understanding anxiety and worries, Strategies to support your child, Emotion Coaching & Encouraging Resilience

If you would like to attend the workshop please send a Dojo message to the office. For more information please see the flyer at the end of the newsletter.

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GOLD BOOK:

Each week, two pupils are entered into their class Gold Book for displaying the school's Christian Value and/or for going above and beyond in their learning. The pupils listed below have been recognised in our whole school Collective Worship this week.

Congratulations to:

22/04/24

Jacob H (EYS), Amelia L (EYS), Ella B (EYS), Bonnie Y (Y1), Logan C (Y1), Rio J (Y1), Amelia M (Y2), Eli G (Y2), Jim H (Y3), Louie L (Y3), Aaron F (Y4), Zachary B (Y4), Elsie D (Y5), Ethan K (Y5), Ayse U (Y6), Rocco J (Y6)

26/04/24

Dakota R (EYS), Sydney B (EYS), Arthur H (EYS), Jacob D (Y1), Buster L (Y1), Victoria D (Y2), Noah J (Y2), Theo T (Y3), Malachi H (Y3), Rex J (Y4), Hope B (Y4), Evie H (Y5), Julia S (Y5), Oskar D (Y6), Isla J (Y6)

Please speak to your child's class teacher if you would like more information about why your child has been selected for the Gold Book.

LETTERS HOME:

Wednesday 24th April - Reception Trips & Visits - Summer Term

Wednesday 24th April - Quadkids Athletics Event - (Selected Y5/6)

Friday 26th April - National Curriculum Tests (Year 6)

Friday 26th April - Airport Day (EYS)

UPCOMING EVENTS:

Tuesday 30th April - Jolf PE (KS1)

Tuesday 30th April - A Chance to Shine Cricket - (KS2)

Wednesday 1st May - Fab Tennis Event (Selected Y3/4)

Thursday 2nd May - Y3 Outdoor Learning (PM)

Thursday 2nd May - Thought-Full Parent Workshop (1:40-3:10pm)

Friday 3rd May - Airport Day (EYS)

Tuesday 7th May - Jolf PE (KS1)

Tuesday 7th May - A Chance to Shine Cricket - (KS2)

Wednesday 8th May - Class Photos

Wednesday 8th May - Y4 Outdoor Learning

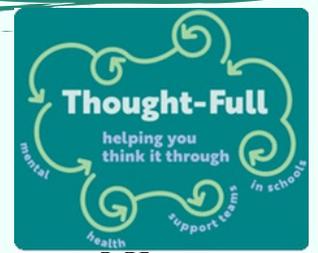
Thursday 9th May - Nikki Hull - Dedicated School's Team Drop-In (8.30am-12.30pm)

Thursday 9th May - Thought-Full Parent Workshop (1:40-3:10pm)

Friday 10th May - Y5 Magic Day - FCC



Supporting your child with fears and worries



Parent Workshops

by Thought-Full MHST



Does your child **worry**? About a variety of themes?
Do you feel they worry **a lot?** or **too much?**
If so, this course is for you!

Led by **Thought-Full** mental health support team, South Bersted C.E. Primary School is hosting a series of parent workshops which use evidence-based approaches to help you to better understand your child's fears and worries and support their emotional well being.

Thursdays



 **1:40-3:10pm**



LEARN ABOUT THE BRAIN



SHARE QUICK WINS



CONNECT WITH OTHER FAMILIES



GAIN IDEAS



PROBLEM SOLVE TOGETHER

SESSION TITLES

2/5 Understanding anxiety & worries

9/5 Strategies to support Session 1

16/5 Strategies to support Session 2

23/5 Emotion Coaching

6/6 Encouraging Resilience

