

FRIDAY FLYER



Reverence: Do to others as you would have them do to you. Luke 6:31

19th April 2024

WHOLE SCHOOL PE DAY:

On Tuesday the children began the term with a Jolf Golf whole school PE day. The children had so much fun learning new skills and taking part in the activity course. KS2 also took part in the Chance to Shine cricket programme led by Kevin from Sussex Cricket, where they learnt bowling, catching and batting skills.



ST GEORGE'S DAY:



Tuesday 23rd April is St George's Day. St George is the patron Saint of Scouting and Guiding as well as the Patron Saint of England. The legend of St George sets a good example of faith, courage and perseverance. On **Tuesday 24th April** we would like to invite all children and staff involved in uniformed organisations such as Beavers, Cubs, Scouts, Rainbows, Brownies, Guides and Cadets to wear their uniforms to school with pride if they would so like to do so.

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AFTER SCHOOL CLUBS:

After school club places were advised before half term and parents were advised of the club place that their child had been allocated. You can also view the club that your child has been allocated via the MCAS app.

From the home screen once you have opened the app, click on the three lines in the top left of the screen which will open up a drop-down list. From this list select **'Clubs'** and you will be able to see your child's club within either the **'Enrolled'** or **'Available'** tabs.

YEAR 6 SATS & TOAST CAFE:

Year 6 SATs week begins on the week commencing 13th May. We will be holding a Toast Cafe for Year 6 in the mornings during this week. Another copy of the letter regarding the Toast Cafe was sent home with children yesterday. If you have not yet returned your child's consent form **please complete and return it to the office by Monday 22nd April** so that we can organise food for Toast Cafe.

PE DAYS SUMMER TERM:

As a reminder please note that there have been changes to the PE days for some classes this term as we have Jolf Golf and Sussex Cricket in school on Tuesdays delivering PE lessons. Below you will find the PE days for all year groups for the Summer term.

- Reception - Tuesdays and Fridays
- Year 1 - Mondays and Tuesdays
- Year 2 - Tuesdays and Wednesdays
- Year 3 - Tuesdays and Thursdays
- Year 4 - Tuesdays and Fridays
- Year 5 - Tuesdays and Fridays
- Year 6 - Tuesdays and Fridays

THOUGHT-FULL TEAM PARENT WORKSHOP:

We will have the Thought-Full Team in school leading a parent workshop on how you support your child with fears and worries. The workshop will be run over 5 sessions and will cover the following areas:

Understanding anxiety and worries, Strategies to support your child, Emotion Coaching & Encouraging Resilience

If you would like to attend the workshop please send a Dojo message to the office. For more information please see the flyer at the end of the newsletter.

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WHOLE SCHOOL LEARNING CHALLENGE:

This half term, our school value is Reverence. Reverence is related to having deep respect in something and someone.

Who do you respect?

We want children to draw or paint a picture of a chosen person that they respect and make a frame to surround it. The person can be a friend, family member or a famous person.

On the reverse give 5 reasons why this person is worthy of special respect.

The picture can then be hung in the school.

Due in on Wednesday 1st May.



LETTERS HOME:

Wednesday 17th April - Mini Red Tennis Event (Selected Y3 & 4)

Thursday 18th April - Year 1 Trips and Visits - Summer Term

Thursday 18th April - Toast Cafe (Year 6)

UPCOMING EVENTS:

Monday 22nd April - Year 1 Outdoor Learning (PM)

Tuesday 23rd April - Jolf PE (KS1)

Tuesday 23rd April - A Chance to Shine Cricket - (KS2)

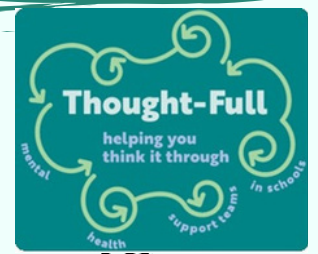
Tuesday 24th April - St George's Day

Friday 26th April - RNLI Visit to school (3.15-5.15pm)

Friday 26th April - Future Flyers (Selected)



Supporting your child with fears and worries



Parent Workshops

by Thought-Full MHST



Does your child **worry**? About a variety of themes?
Do you feel they worry **a lot?** or **too much?**
If so, this course is for you!

Led by **Thought-Full** mental health support team, South Bersted C.E. Primary School is hosting a series of parent workshops which use evidence-based approaches to help you to better understand your child's fears and worries and support their emotional well being.

Thursdays



1:40-3:10pm



LEARN ABOUT THE BRAIN



SHARE QUICK WINS



CONNECT WITH OTHER FAMILIES



GAIN IDEAS



PROBLEM SOLVE TOGETHER

SESSION TITLES

2/5 Understanding anxiety & worries

9/5 Strategies to support Session 1

16/5 Strategies to support Session 2

23/5 Emotion Coaching

6/6 Encouraging Resilience

