



# SOUTH BERSTED CE PRIMARY SCHOOL

## SPORTS NEWSLETTER

### SPRING EDITION



## KS2 TAG RUGBY FESTIVAL

On Tuesday 6th February children from Year 4/5 and 6 attended a Tag Rugby Festival at Bognor Regis Rugby Club.

The children took part in a variety of skills and drills led by the Sports Leaders from The Regis School.

*"It was really good because there were different teams and schools. We played tag games, passing practice then we played tag rugby matches against other schools. It was great to play other schools."*  
HARRISON, Y4

## SPRING SPORTS CLUBS:

**Monday - Girls Football- 3:15pm-4:15pm**

**Tuesday -Netball - 3:15pm-4:15pm**

**Wednesday - Albion Football - 3:15pm-4:15pm**

**Wed/Thurs - Premier Sports Club - 12pm-12:45pm**

## Y5/6 QUICK STICKS TOURNAMENT:

On Wednesday 10th January, pupils from Year 5/6 competed in a locality hockey tournament.

Congratulations to all of the children that represented the school.

*"It was really fun, I had a great team and we all tried really hard and learnt new skills for hockey."*  
ELSIE, Y5

*"It was fun to play against other schools and play as a team. It wasn't a big competition it was nice and friendly."*  
MAISIE, Y6



## BIGGEST EVER GIRLS FOOTBALL SESSION:

To coincide with International Women's Day, on Friday 8th March a record-breaking 465,000 girls from 5000 schools across England took part in the FA and Barclays' third Biggest Ever Football Session, as part of the Let Girls Play campaign.

Miss Stanton and our girls football team led some football skill sessions with all the girls in the school as part of the national #letthemplay football event.



*"I liked running the event because I loved seeing everyone have a great time and putting a smile on their faces"*

ESMAE, Y5

*"I liked running the girls football day because I got to meet different girls in different year groups. We taught the girls how to stop, shift and pass and we practiced dribbling and shooting. We also led a warm up, it was fun"*

SAVANNAH, Y5

*"I did shooting, I scored a goal!!"*

EMILY, Y3

## GIRLS FOOTBALL CLUB :

On Monday afternoons Miss Stanton leads the Girls Football Club where the children have learnt many new skills and are now showing a real passion for girls football.

*"I enjoy that we can learn how to do different things like dribbling and play different games. We want to have a game against another school soon!"*

AMBER, Y5

*"I enjoy that we have the priveledge to have pathway come in sometimes and have that opportunity. I learnt how to play football and I really enjoy it.*

ELSIE, Y5







## PATHWAY AT SB:

Pathway Coaching aim to introduce girls to football in a fun and creative environment and hopefully spark a love for the sport that will last a life time.

*"Jamie came in to coach us for our after-school girls football club. It was really good. Jamie is at Pathway at the Arena on a Monday, I go to that as well!"*

ALISA, Y4

We are fortunate enough to be able to offer girls football in the summer term led by Pathway, on a Monday after school for £6 a session.

## WHOLE SCHOOL OLYMPIC & PARALYMPIC DAY:

On Wednesday 6th March all children took part in an Olympic & Paralympic themed day led by Sports Leaders from The Regis School, including some previous South Bersted students.

The children enjoyed a range of activities including modern pentathlon, laser gun, fencing, equestrian and boccia.

*"It was so cool, we got to play laser tag that was my favourite!"*  
RORY, EYFS

*"We did horse riding, we had to jump and race!"* ZOFIA, EYFS

*"We did fencing. I was with Aiden and we did some sword fighting, it was so fun!"* FATIMA, Y1



## NETBALL CLUB:

*"I like how we do different things and practice different skills every week. Sometimes we play games like hot seat, sometimes we do different drills and then we practice all the skills in our matches and games at the end!"*

ZOE, Y6

*"I like playing as goal shooter and we get lots of opportunities to practice and improve our shooting. I have really enjoyed taking part in netball"*

MAISIE, Y6



## BRONZE AMBASSADORS AND FUTURE FLYERS:

Bronze Ambassadors are positive role models within the school and are taught how to influence and inspire young children, develop and improve their communication skills and lead and manage their peers by showing initiative and taking responsibility.

Future Flyers are selected as strong all-round sports pupils who display an advanced skill level and understanding across a variety of activity areas. They have a passion for sport and show dedication and motivation.

*"We went to the Arena Sports Centre and the sports teacher for the community and sports leaders taught us games and activities to bring back to our school. They also told us that one of our jobs was to make the less sporty people enjoy sport and to make PE more fun for everyone. I really enjoyed learning the new games."*

BELLA, Y5 - A Bronze Ambassador

## YEAR 3 FOOTBALL

On Wednesday 13th March, our Year 3 Football Team played a friendly against Bersted Green.

Match Report:

The team played well and supported each other as they played in a range of positions during their first game for the school.

After some resolute defending, the team scored their first goal and then soon after their second and third to take a well deserved lead at the end of the first quarter.

During the second and third quarters, Malachi, Anton and Reggie were able to add further goals and Dexter was able to complete his hattrick with a well taken chip. The final score was 7 -0. Congratulations to the Year 3 team. We look forward to future games!





# GB GYMNAST - KELLY SIMM VISIT



Sports for Schools is a social enterprise that brings the country's top athletes into primary schools to encourage the children (and teachers!) to be more active. The athlete runs a fun fitness circuit with the children and then delivers an inspirational assembly.

On Friday 2nd February, we had the pleasure of welcoming GB Gymnast Kelly Simm. She spoke to the children about her gymnastics journey, answered their questions and inspired and guided them through their sponsored circuit session.

Kelly grew up in the South of England and is known for her powerful tumbling on the floor. Kelly has won many medals for Team GB at the Commonwealth Games, European Championships and World Championships

As a school we raised over £3000. Thank you to everybody who supported the event! The funds will support the purchase of new sports equipment for the school.

*"I liked doing the press ups, they were very fun. Her name was Kelly and she does gymnastics. She won trophies, medals and she showed us the medals in collective worship"*  
HEIDI, EYFS

*"We did exercises with loud music! Kelly is really really good at gymnastics"*  
SYDNEY, EYFS

*"I raised money for it and I got a wristband"*  
THOMAS, EYFS

*"It was so good, we were very excited and we all did exercises like burpees, it was so fun"*  
RORY, EYFS

*"I liked the I like to move it move song"*  
ELLA, EYFS

*"I loved doing star jumps"*  
ROSIE, EYFS

## DODGEBALL TOURNAMENT:

On Tuesday 23rd January, pupils from Year 5/6 completed in a locality dodgeball tournament.

The children were recognised for their fair play and sportsmanship during the event.

*"We had a great time, it wasn't just about the competition. It was about playing with the other schools and learning new skills. We played a giant dodgeball game as a warm up with the sports leaders and the teachers! The sports leaders are really nice and helpful"*

ZOE, Y6



## Y5/6 FOOTBALL TOURNAMENT:

On a very rainy Saturday morning in March, pupils in Year 5 & 6 took part in a locality football tournament at the arena.

### Match Report:

We began the day full of confidence. We had a good team and knew we could do well. Getting us off to a quick start was Alan, scoring within the first few minutes. From there, the game was only headed in one direction – a South Bersted win. Adding to his tally, Alan finished on a total of 5 goals with Rocco chipping in with a few. As a group, we were really proud of our achievements and the effort that went into our games.

LEO, Y6

## NEXT TERM

May - FAB 3/4 Road to Eastbourne Tennis

June - SG 5/6 Bognor Quadkids

June - FAB KS1 Sports

June- Sports Days

July - FAB Area Athletics

July - Lionesses Legacy Tournament Years 2/3

TBC - Girls Football Match



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