

South Bersted CE Primary School

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Headteacher: Mr Noel Goodwin

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Dear Parents and Carers,

40 Acts of Kindness

Wednesday 14th February, marked the start of Lent. At this time of year, people often give something up to mark the 40 days that Jesus spent in the wilderness before his ministry. At South Bersted CE Primary School, we want to consider the question, 'what if Lent was more than giving something up?' With this in mind, over the next 40 days we want to encourage pupils across the school to engage in 'Random Acts of Kindness.'

During Collective Worship this week, we shared the text 'Maybe' and considered the difference we can make to others. We explored the difference that random acts of kindness make and how this makes others feel.

Over the next 40 days, you may wish to engage in the activities at home. Please find attached an EYFS and Key Stage 1 list as well as a Key Stage 2 list of activities. In school, children have received these in an envelope and are encouraged each day to engage in one of the challenges.

Yours sincerely,

Mr Noel Goodwin
Headteacher

