

FRIDAY FLYER



Value - Friendship - Ecclesiastes 4:9-10 'New Living Translation (NLT) Two people are better off than one, for they can help each other succeed. If one person falls, the other can reach out and help. But someone who falls alone is in real trouble'

19th January 2024

REACHING FAMILIES:

Who are Reaching Families?

Reaching Families is a parent-carer led charity that supports parents and families of children and young people with special educational needs and disabilities in West Sussex. We do this through a number of services including the delivery of information, training and peer support. You can find out more about us and details of all of our services on our website here - [Reaching Families](#).

We have recently increased our training delivery and support groups and have a wide range of free workshops, courses and groups that some of your families may find helpful. I have attached our current flyers but I wanted to let you know about our Umbrellas parent/carers support group in Shoreham.

What is Umbrellas?

Support from fellow parent-carers is one of the most effective ways in which parents and carers of children with special educational needs and disabilities build resilience and emotional wellbeing. Parents also tell us their most valuable source of information, support and advice is other parent-carers.

To help parents build networks of mutual support we currently run seven parent support groups in Shoreham, Burgess Hill, Horsham, Littlehampton, Chichester, Worthing, and online via Zoom. Known as Umbrellas, our groups provide an informative, supportive, relaxed and non-judgmental environment within which parents can swap life experiences, share hints and tips, seek advice and share information and resources.

Here is a link to a short animation explaining everything we offer: <https://youtu.be/xuZkTgsRr5U>

Please see the Reaching Families flyer at the end of the Friday Flyer.

LETTINGS:

After half term we will have lettings availability of the school hall on Tuesday and Friday evenings, if anyone is interested in using the space please contact the office.

PARENT CONSULTATION EVENING:

We shall be holding this term's Parent Teacher Consultations on the evenings of Monday 19th February and Wednesday 21st February. This will give you an opportunity to meet your child's teacher, receive an update on their progress and discuss how you can support your child in achieving their targets. A letter will be sent out on Monday with more information.

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RED BOOK:

Each week, two pupils are entered into their class Red Book for displaying the school's Christian Value and/or for going above and beyond in their learning. The pupils listed below have been recognised in our whole school Collective Worship today.

Congratulations to:

Arthur H (EYS), Thomas M (EYS), Greyson G (EYS), Violet M (Y1), Milo E (Y1), Nelly B (Y2), Charlotte L (Y2),, Amelia R (Y3), Theo S (Y3), Harrison E (Y4), Joshua J (Y4), Oscar C (Y5), Evie H (Y5), Max S (Y5), David K (Y6), Fred N (Y6), Ayse U (Y6).

Please speak to your child's class teacher if you would like more information about why your child has been selected for the Red Book.



UPCOMING EVENTS:

Wednesday 24th January - Reception trip to Church

Friday 26th January - Year 5 Swimming

Friday 26th January - Future Flyers (Selected pupils Y5 & 6)

LETTERS SENT HOME:

Friday 19th January - Invictus Games

Umbrellas

Parent Support Group

Spring Term 2024

Would you like to connect
with other local parent carers?

If you are a parent or carer of a child or young person with special educational needs and disabilities in West Sussex, please join us at one of our local support groups or from the comfort of your own home.



Shoreham Umbrellas

Tuesdays, 10 am - 11.30 am

Southwick Community

Centre 9th Jan / 6th Feb / 5th

Mar

Littlehampton Umbrellas

Wednesdays, 10 am - 11.30 am

Creative Heart Community Hub

(upstairs) 10th Jan / 7th Feb / 6th Mar

Worthing Umbrellas

Tuesdays, 10 am - 11.30 am

Durrington Community

Centre 16th Jan / 20th Feb /

12th Mar

Horsham Umbrellas

Wednesdays, 10 am - 11.30 am

Horsham Family Hub (The

Needles) 17th Jan / 21st Feb / 20th

Mar

Chichester Umbrellas

Thursdays, 10 am - 11.30 am

Donnington Parish Hall

25th Jan / 29th Feb / 28th Mar

Burgess Hill Umbrellas

Tuesdays, 10 am - 11.30 am

The Cherry Tree Centre

23rd Jan / 27th Feb / 26th Mar

If you would like more information about our Umbrellas Support Group or would like the link to join Umbrellas online, please contact Hannah Delmar-Addy:

Email: hannah@reachingfamilies.org.uk

Telephone: 07951 794734



www.reachingfamilies.org.uk

Umbrellas Online

Thursdays via Zoom

4th Jan	7.30 pm - 9 pm
18th Jan	10 am - 11.30 am
1st Feb	7.30 pm - 9 pm
22nd Feb	10 am - 11.30am
7th Mar	7.30 pm - 9 pm
21st Mar	10 am - 11.30 am