

# South Bersted CE Primary School

Church Lane  
Bognor Regis  
West Sussex  
PO22 9PZ

Tel: 01243 821678  
office@southbersted.co.uk  
www.southbersted.co.uk



Headteacher: Mr Noel Goodwin

Friday 21<sup>st</sup> April 2023

Dear Parents and Carers,

## PSHE / Parent and Carer Information Meetings

As a part of your child's education at South Bersted, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. As part of this programme children complete a unit of RSE (Relationships and Sex Education)

Following a Parent Consultation during the autumn term of 2020, it was agreed that the more sensitive parts of the Relationships Education would be taught as a blocked unit alongside Sex Education and that parent workshops would be offered prior to teaching.

Objectives that will be covered during this blocked unit are as follows (objectives underlined can be withdrawn from):

Year 1:	Keeping Clean; Growing and Changing; Families and Care
Year 2:	Differences Boys and Girls; <b><u>Differences Male and Female; Naming Body Parts;</u></b> Appropriate and inappropriate touch – NSPCC – Pants Rules
Year 3:	<b><u>Differences Male and Female;</u></b> Personal Space, Family Differences
Year 4:	Growing and Changing, <b><u>What is Puberty? Puberty Changes and Reproduction;</u></b> Positive relationships – exploring relationships that make us happy and what to do if a relationship makes us sad; Unacceptable physical contact – revisit the Pants rule from Year 2
Year 5:	<b><u>Talking about Puberty; Male and Female Changes; Puberty and Hygiene</u></b>
Year 6:	<b><u>Puberty and Reproduction;</u></b> Understanding Relationships including online relationships; <b><u>Conception and Pregnancy;</u></b> Communication in Relationships; Personal boundaries.

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Blocked teaching of the RSE unit will be starting on Monday 15<sup>th</sup> May 2023. Therefore, we would like to invite you to attend a parent and carer workshop. The aim of the workshop is:

- *To gain an understanding of the statutory RSE curriculum in primary schools*
- *To review the curriculum for your child's year group*
- *To review the resources used*
- *To understand the withdrawal process*

Below is a schedule of the parent workshops for each year group:

Year Group	Date	Time
Year 1	Friday 5 <sup>th</sup> May	2.45pm
Year 2	Friday 5 <sup>th</sup> May	8.45am
Year 3	Tuesday 2 <sup>nd</sup> May	8.45am
Year 5	Tuesday 2 <sup>nd</sup> May	2.45pm
Year 6	Friday 28 <sup>th</sup> April	8.45am

**Please send a Dojo message to the office no later than Thursday 27<sup>th</sup> April to indicate if you are able to attend the session.**

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school website ([www.southbersted.co.uk](http://www.southbersted.co.uk)) for more details about our PSHE and RSE curriculum, and to view the relevant policies. All PSHE and RSE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

As a school community, we are committed to working in partnership with parents and carers; parental feedback from the consultation process has indicated that the overwhelming majority of parents and carers are highly supportive of the relationships and sex education programme. If you would like to find out more or discuss any concerns, we would urge you to attend the information meeting. We look forward to seeing you there.

Yours sincerely



For Mrs Rachel Bush  
Deputy Headteacher

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