

# South Bersted CE Primary School

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Headteacher: Mr Noel Goodwin

30<sup>th</sup> January 2023

Dear Parents and Carers

## Year 6 Top Up Swimming 2023

The statutory guidance for the National Curriculum states that all schools must provide swimming instruction either in Key Stage 1 or Key Stage 2. In particular, pupils should be taught to:

- Swim competently, confidently and proficiently over a distance of at least 25 metres
- Use a range of strokes effectively (for example, front crawl, backstroke and breaststroke)
- Perform safe self-rescue in different water-based situations.

Due to COVID-19 restrictions and the closure of The Arena swimming pool, Year 6 pupils have not had the opportunity to swim as much as we would have liked. Usually, towards the end of Year 6 we would arrange for 'top-up' swimming lessons for those pupils who had not previously met the minimum standard, however this year we will be providing all Year 6 pupils with swimming lessons. **These sessions and the transport are fully funded from Sports Premium funding so there will be no cost to parents.** The sessions will take place as follows:

- Thursday 23<sup>rd</sup> February, Thursday 2<sup>nd</sup> March, Thursday 9<sup>th</sup> March, Thursday 16<sup>th</sup> March and Thursday 23<sup>rd</sup> March (5 sessions)
- Session Time: 10.00 – 11.00am (1 hour)

### Transport Arrangements:

Lessons will take place at Westgate Leisure Centre in Chichester. Children will be transported to and from the sessions by coach.

### Parental Consent:

You must complete a consent form for this activity. **Please complete the consent form attached and return it to school no later than Wednesday 8<sup>th</sup> February.**



### Travel Sickness Medication:

If your child is prone to travel sickness and will require travel sickness medication, please administer a dose before school on swimming days. Medication required for the return journey can be administered by school staff if required, but must be age appropriate and supplied by the parent/guardian in its original packaging. **Please speak to the school office no later than the week before the first session if your child will require travel sickness medication.**

### What to bring:

On swimming days, please ensure your child has a swimming costume or swimming trunks and a large towel in a separate bag. Children may also bring goggles if they wish.

We request that children come to school with swimming costumes/trunks on under their uniform on swimming days. **All children are required to wear a swimming hat for lessons, which will be provided free of charge by the school. Replacement hats will be charged at £1 each.**

If you have any questions regarding these lessons, please do contact the school office as soon as possible or speak to Mr Thorn.

Yours sincerely

For South Bersted School

