

South Bersted CE Primary School

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Headteacher: Mr Noel Goodwin

2nd March 2022

Dear Parents and Carers

40 Acts of Kindness

Wednesday 2nd March, marks the start of Lent. At this time of year, people often give something up to mark the 40 days that Jesus spent in the wilderness before his ministry. At South Bersted CE Primary School, we want to consider the question, 'what if Lent was more than giving something up?'

With this in mind, over the next 40 days we want to encourage pupils across the school to engage in 'Random Acts of Kindness.' During Collective Worship this week, we shared the text 'Maybe' and considered the difference we can make to others. We explored the difference that random acts of kindness make and how this makes others feel.

Over the next 40 days, you may wish to engage in the activities at home. Please find attached an EYFS and Key Stage 1 list as well as a Key Stage 2 list of activities. In school, children have received these in an envelope and are encouraged each day to engage in one of the challenges.

To celebrate the difference that we can make to each other we will continue to add to our Kindness Wall, which is displayed in the school hall.

Kindest regards,

Yours sincerely

Mr Noel Goodwin
Headteacher

West Sussex County Council

