

## Whole School Challenge

Linked to Children's Mental Health week, over the next two weeks, I would like all children to focus on what makes them **AMAZING!**

### Activity 1:

Answer the questions on the below prompt:

This can be filled out or to just have a discussion at home.

### Activity 2:

Create an amazing me Jar.

Get a jar, and write all your amazing qualities in it.

Some things your child may write could be:

*I am really good at...*

*I am a good friend because...*

*My special talent is....*

*My best friend would say...*

*My friends would say I am....*



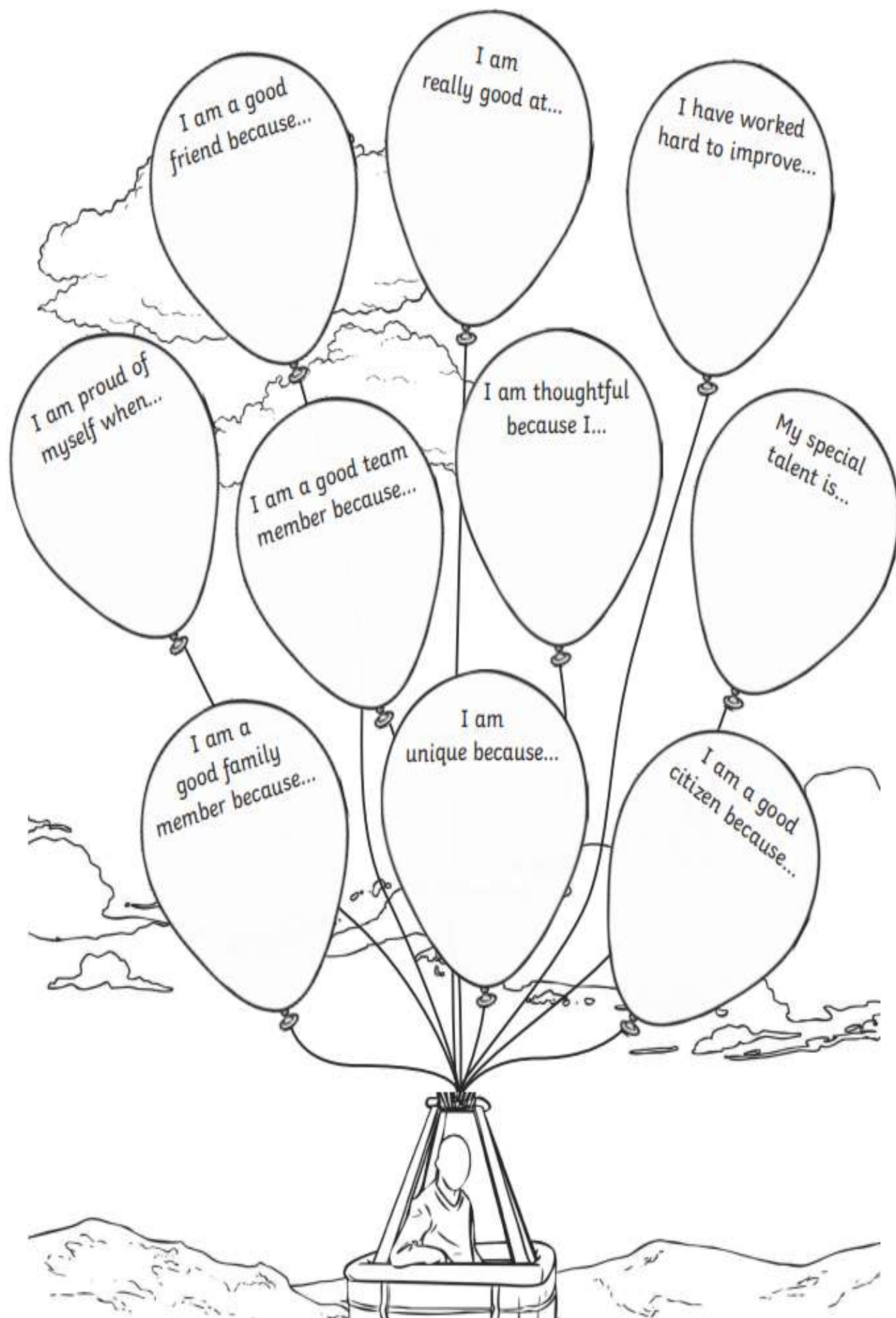
### Activity 3:

Play the All About Me Board Game; (see below).

### Take it further:

Could your child create their own board game?

**Please send any pictures to your child's class teacher via Class Dojo!**



# All About Me

favourite day of the week

someone I love

something that makes me happy

something that makes me angry

something I do to stay healthy

favourite film

something I would like to learn

Start

favourite season

favourite pizza

favourite food

something I am proud of

favourite TV show

something new I would like to try

favourite colour

something that makes me nervous

favourite fruit

favourite ice cream flavour

favourite celebration

favourite animal

favourite number

Finish

favourite type of pie

favourite song

favourite hobby

favourite thing to do in summer

favourite vegetable

something I know about elephants

favourite holiday

favourite snack

something I know about penguins

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