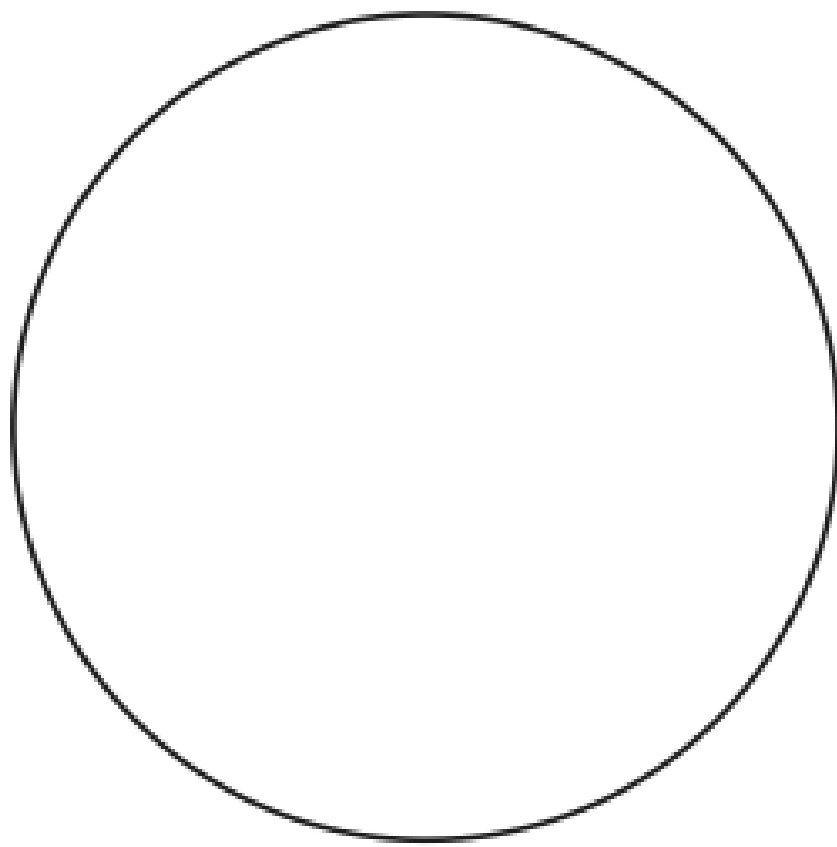
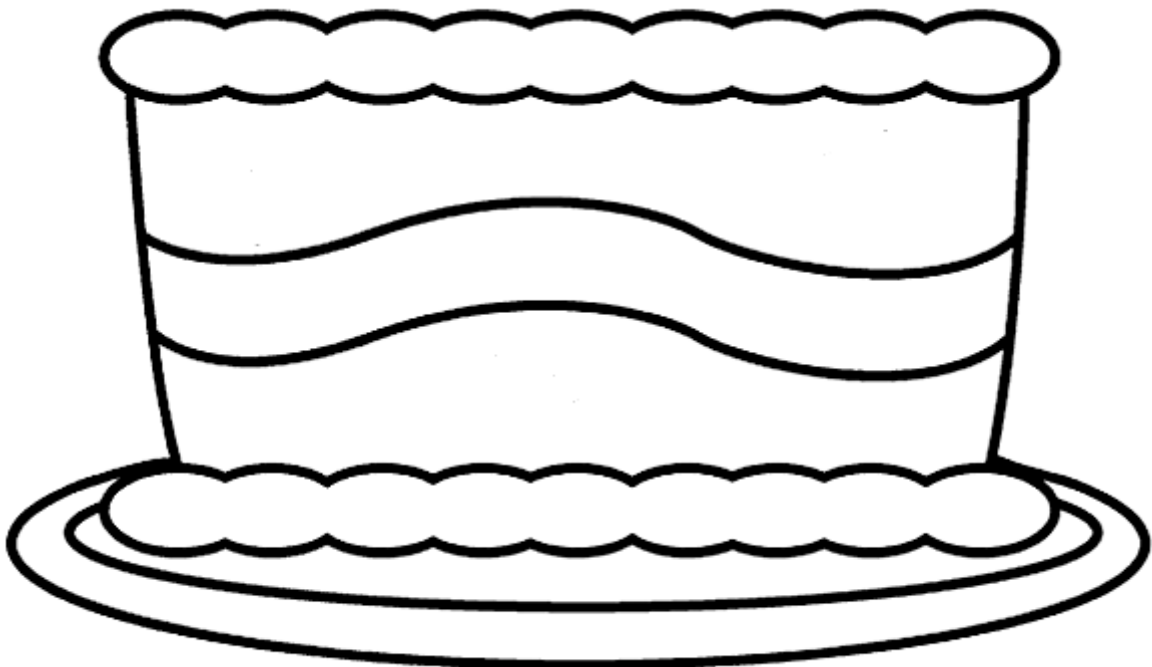


# All About Me!



By \_\_\_\_\_

Draw candles on the birthday cake.



I am .....years old.

Draw or stick a picture of special people in your life here...

# My Family



# Something Fun I Did During the Summer!



# My Favourite Food



# My Favourite Story

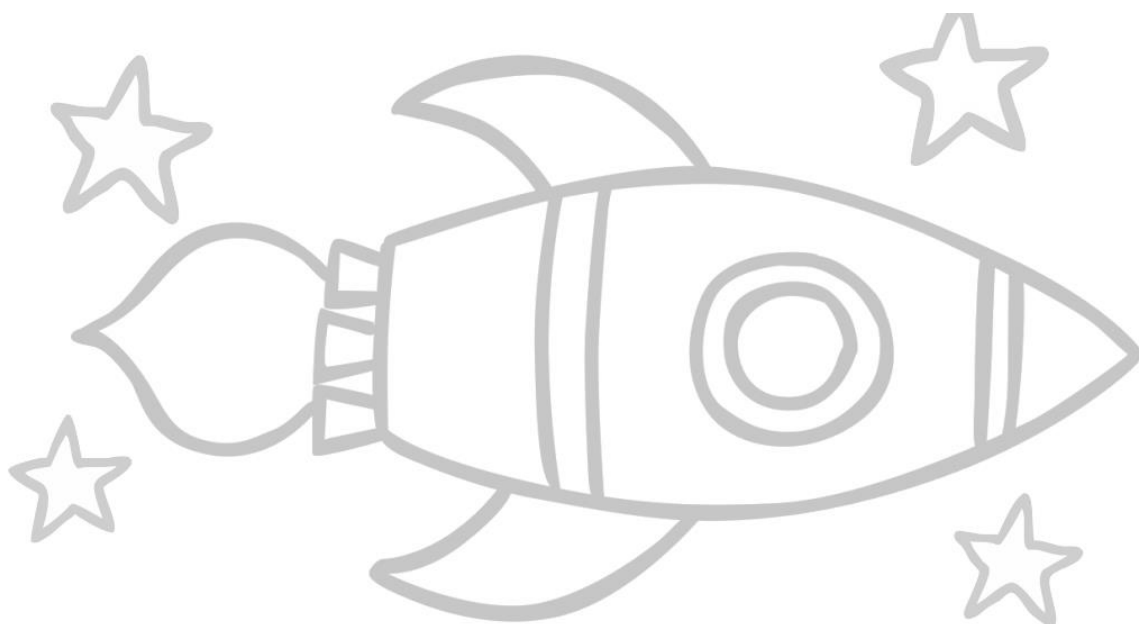


# My Favourite Toy

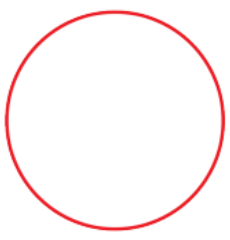


# My Colouring Sheets

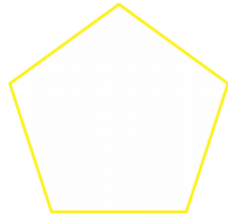
Can you draw over the lines and colour in?



# Numbers, Shapes and Colours



1



4



10

2

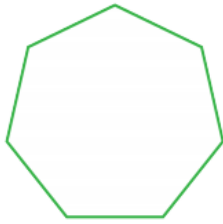
9

3

7



5



8

6

Can you colour in the shapes and numbers?

what colours did you use?

Can you trace over the letter sounds?

a b c d e f g h i

j k l m n o p q r

s t u v w x y z

## Developing personal, social and emotional awareness

One of the greatest skills that you can teach your children is that of independence in terms of getting dressed. If your child can button and unbutton their shirt, put on their socks and shoes independently and fasten their coat, they will find getting ready for PE, playtimes and the end of the day much easier.



At home you can:

- ✿ Encourage your child to dress and undress independently. Let your child try on their uniform so that they are accustomed to any fastenings and turning clothes back in the right way.
- ✿ Practise doing up coats, shoes, buttons and zips.
- ✿ Practise opening and closing the book bag - they can even practise putting a book and sheet of paper into the book bag - this will help them be ready to bring home examples of their art work and learning without it getting damaged.
- ✿ Encourage turn taking and sharing when your child plays games with siblings, friends or with yourself.
- ✿ Use the toilet independently and to wash his or her hands afterwards.
- ✿ Practice using a knife and fork.





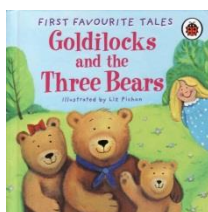
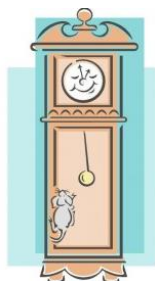
## How can you help to support your child to develop mathematically?

- ✿ Take every opportunity to practise counting with your child, e.g. counting stairs, sweets and cars you see going past.
- ✿ Point out numbers you see when out and about, e.g. door numbers, number plates and in shops.
- ✿ Encourage your child to sort and group things by colour, shape or size, e.g. socks, clothes, buttons etc.
- ✿ Look at and talk about the colour and shape of things.
- ✿ Talk about the size of things e.g. long, short, tall, longer, shorter, taller.
- ✿ Discuss the position of things e.g. under, over, above, below, in front, behind, next to, between



## How can I help my child develop their language and Literacy?

- ✿ Read stories and look at picture books together. Talk about the illustrations and encourage your child to predict what might happen next. Talk about their favourite character or part of the story.
- ✿ Say Nursery Rhymes and sing songs together so that before long your child will be able to say them for him or herself and supply the rhyming word: 'Hickory Dickory Dock, the mouse ran up the ...' 'Humpty Dumpty sat on the...'
- ✿ Look at labels and signs as you shop or go for a walk e.g. talk about the sounds at the beginning of words e.g. 'm' for Mummy.
- ✿ Make observations and show curiosity; talk about things that you see along a journey or walk, encourage your child to predict and ask questions - 'I wonder where that big red bus is going?'
- ✿ **Practice getting your child to recognise their name and try to write it.**



This tracker helps you and your child prepare for school.

# The Road To School

**Everyone starts school with different abilities - your teacher will help you progress at your own level.**

**Speaking & literacy**

- I like to read stories & look at picture books
- I am able to talk about myself, my needs & feelings
- I am practising recognising my name when it's written down

**Listening & understanding**

- I am able to sit still and listen for a short while
- I can follow instructions
- I understand the need to follow rules

**Writing skills**

- I like tracing patterns & colouring in
- I enjoy making marks
- I am practising holding a pencil

**Sharing & turn taking**

- I can share toys & take turns
- I like playing games with others
- I like interacting with other children

**Counting skills**

- I enjoy practising counting objects
- I like saying number rhymes & playing counting games
- I can recognise some numbers when they are written down

**Going to the toilet**

- I can go to the toilet on my own, wipe myself properly & flush
- I can wash and dry my hands without any help

**Routines**

- I have practised putting on my uniform & getting ready to leave on time
- I have a good bedtime routine so I'm not feeling tired for school
- I'm learning to eat at the times I will on school days

**Interest in the world & new activities**

- I enjoy learning about the world around me
- I am interested in exploring new activities or environments
- I like asking questions

**What are you looking forward to the most? Is there anything you're unsure of?**

**Self-care**

- I know when to wash my hands
- I can wipe my nose
- I can ask for help if I don't feel well

**Eating**

- I can use a knife & fork
- I can open my packed lunch on my own
- I am confident at opening wrappers & packaging

**Getting dressed & undressed on my own**

- I can button & unbutton my shirt & use a zip
- I can put my own shoes & socks on
- I can change into my PE kit & put my coat on

**Independence**

- I am happy to be away from my mum, daddy or my main carer
- I can put my belongings & look after my school bag
- I am happy to tidy my belongings about starting school
- I am feeling confident about starting school

**School bus**

**School**

**Nursery Resources**  
www.nurseryresources.org

Remember - learning is not a competition; children learn at different rates. For more ideas to help prepare your child for school, talk to your childcare practitioner.



# Am I ready for school?



## Tips for parents

When your child starts primary school there are a number of skills that they should ideally have mastered. Use this sheet as a guide to help track their progress.

### Self-care

- I know when to wash my hands
- I can wipe my nose
- I can ask for help if I don't feel well

### Speaking & literacy

- I am interested in reading stories & looking at picture books
- I am able to talk about myself, my needs & feelings
- I am practising recognising my name when it's written down

### Getting dressed & undressed on my own

- I can button & unbutton my clothes
- I can put my own shoes & socks on
- I can put my coat on & use a zip

### Interest in the world & new activities

- I enjoy learning about the world around me
- I am interested in exploring new activities or environments
- I like asking questions

### Eating

- I can use a knife & fork
- I can open my packed lunch on my own
- I am confident at opening wrappers & packaging

### Writing skills

- I like tracing patterns & colouring in
- I enjoy experimenting with different shaped scribbles
- I am practising holding a pencil

### Going to the toilet

- I can go to the toilet on my own, wipe myself properly & flush
- I can wash & dry my hands without any help

### Independence

- I am happy to be away from my mummy, daddy or my main carer
- I am happy to tidy my belongings & look after my things
- I am feeling confident about starting school

### Listening & understanding

- I am able to sit still and listen for a short while
- I can follow instructions
- I understand the need to follow rules

### Sharing & turn taking

- I can share toys & take turns
- I can play games with others
- I can interact with other children

### Counting skills

- I enjoy practising counting objects
- I like saying number rhymes & playing counting games
- I can recognise some numbers when they are written down

### Routines

- I have practised putting on my uniform & getting ready to leave on time
- I have a good bedtime routine so I'm not feeling tired for school
- I'm learning to eat at the times I will on school days



