

South Bersted CE Primary School

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Headteacher: Mr Noel Goodwin

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Dear Parents and Carers

Staying Safe Online

With schools closed to most pupils due to Coronavirus, your child will likely be spending more time on devices than usual, especially if doing remote learning.

To help keep your children as safe as possible, Think U Know has collated links and advice to help keep your child safe online. You may recognise some of the activities and videos from the Whole School Home Learning Challenges that I set during the Autumn Term:

[Think You Know - parent helpsheet](#)

In addition to this, you will also find information and activities on the school website which will help to deepen your child's understanding of how to stay safe online: [Internet Safety](#)

To support our parents and carers further, attached to this letter is an E-Safety Checklist for Parents and Carers. A copy of this is also available on our website.

Yours sincerely

Mr Noel Goodwin
Headteacher

West Sussex County Council



E Safety Checklist for Parents and Carers

By following this simple checklist, you can start to protect your children and decrease the risks they face online.

Checklist	Why	Y/N
I have asked my child to show me sites they use.	By doing so, your child is including you in their online life and social activity. Show an interest and take note of the names of their favourite sites. You can then re-visit these when you are alone. Take your time and explore the space, find out how to set the safety features and learn how to report any issues directly to the site.	
I have set appropriate parental controls on my child's computer, mobile and games console.	Filters on computers and mobiles can prevent your child from viewing inappropriate and possibly illegal content. You can activate and change levels depending on your child's age and abilities. You can also set time restrictions for using the internet or games. They can be free and easy to install. Call your service provider who will be happy to assist or visit CEOP's parent's site for further information. Explain to your child why you are setting parental controls when you talk to them about internet use.	
My child has agreed to tell me if they are worried about something online.	Sometimes children get into situations online where they don't feel comfortable or see something they don't want to see. By opening up the communications channel and talking to your child about the internet, their favourite sites and the risks they may encounter, they are more likely to turn to you if they are concerned about something. By visiting the school's website and Think U Know you will find access to age appropriate e-safety sites and videos.	
I know where to get help if I'm concerned about my child.	The CEOP Safety Centre provides access to a range of services. If you are concerned that an adult has made inappropriate contact with your child can report this directly to CEOP. You can also find help if you think your child is being bullied, or if you've come across something on the internet which you may think might be illegal.	

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