

South Bersted CE Primary School

Church Lane
Bognor Regis
West Sussex
PO22 9PZ

Tel: 01243 821678
office@southbersted.co.uk
www.southbersted.co.uk



Headteacher: Mr Noel Goodwin

Dear Parents and Carers

Head Lice

We have been notified that some children in the class have head lice, and we must ask you to check your child's hair very carefully.

Lice are most easily detected by combing wet, conditioned hair with a fine toothed comb. If this is done regularly, the head lice should be cleared over a two-week period. Bug-busting combs are available from your local chemist. Details on how to carry out the bug busting method are attached.

We would also ask you to observe the school policy of having long hair tied back for health and safety reasons.

Yours sincerely

For South Bersted Primary School

West Sussex County Council



HEADLICE?

Remember to regularly check your child's hair for headlice. If your child does have headlice, why not try the 'bug busting' approach – it's free and easy:

- Wash your child's hair in ordinary shampoo, then apply conditioner and use a normal comb to untangle the hair.
 - Switch to a 'nit comb'. Section the hair, and then drag the comb through the hair right from the roots.
 - Check the comb for lice after as you work through the hair section by section, wiping the comb each time.
 - Once the whole head has been checked, rinse the hair thoroughly.
 - Repeat once again on rinsed hair.

Using the bug busting method on a regular basis will detect any eggs or lice before they can spread. 'Bug Busting' kits are available from most pharmacies.

For more information visit the NHS website:

<http://www.nhs.uk/Conditions/Head-lice/Pages/Introduction.aspx>